

Certificate Programs and Courses in Aging at
Brookdale Center for Healthy Aging
of Hunter College

*Expanding the knowledge and skills
of all who serve older adults*

SPRING 2012 COURSE LISTING

Certificates and Courses in:

Aging

Aging & Mental Health

Geriatric Care Management



Hunter College School of Social Work
2180 Third Avenue
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CONTINUING EDUCATION AT
HUNTER
COLLEGE

The Certificates

The Brookdale Center Certificate Program offers Certificates in:

- Aging
- Aging & Mental Health
- Geriatric Care Management

A Certificate from the Brookdale Center for Healthy Aging and Longevity is a professional credential recognized by practitioners in the gerontological field. Coursework ensures that those entering, or currently in the field of aging have the necessary education and appropriate skills to meet the requirements of practice in a variety of service settings. Our Certificates in Aging and Aging and Mental Health are designed to be completed in approximately 2 years, though there are no time constraints to completion. Our Certificate in Geriatric Care Management is designed to be completed in three years. Individuals may take select courses without pursuing a Certificate. All classes are held in the evening to accommodate working professionals.

Brookdale is the oldest and largest Gerontology Center in the New York metropolitan area, and has been training professionals since 1976. All of our program faculty are leaders and practitioners in the gerontological field who draw upon first hand clinical experience with older adults and their families.

Admission Educational Requirements

For Certificates in Aging and Aging & Mental Health: A Bachelor's degree or higher in any field of study. Students holding a Bachelor's degree will be considered non-matriculated until they successfully complete our Introduction to Gerontology course. This course must also be completed before 15 units have been accumulated and is a pre-requisite for courses designated as advanced.

For the Certificate in Geriatric Care Management: A Bachelor's degree in any field of study with four years of paid experience in human services; OR Master's degree in any field of study with two years of paid experience in human services.

All students MUST send an accurate, up to date resume and cover letter specifying the program they wish to enroll in prior to matriculating. Students may take up to 15 course units before matriculating. Please send resume and cover letter to rromanic@hunter.cuny.edu

For questions regarding enrollment criteria, please contact Raquel Romanick at (212) 481-4659 or at rromanic@hunter.cuny.edu

Unit Designation

Brookdale Center Certificate Program units are NOT college credits. Students should retain all course syllabi and transcripts if they plan to apply for credit at other schools.

Letters documenting course completion and unit awards are provided upon request.

CLE, CEU or other continuing education credits are not awarded unless otherwise noted.

Non-Certificate Students

Students who do not intend to pursue a Certificate may enroll in classes on a space available basis.

Class Schedules

Brookdale currently offers classes during the Fall, Spring and Summer semesters. Fall semester begins the end of September and runs through the end of December. Spring semester run from February through June. Summer session runs through July and August.

Prices and Discounts

Each course unit for any of our certificate program courses is \$90. Our courses range between 1 unit and 5 course units – for a total of \$90 - \$450 per class.

The full program cost for a Certificate in Aging or a Certificate in Aging and Mental Health is \$2700. The full program cost for a Certificate in Geriatric Care Management is \$4140.

Brookdale does not offer financial aid for any of our certificate program courses. A very limited number of scholarships are available through Continuing Education. Interested students should contact Continuing Education directly at (212) 650-3850 for information and criteria.

The following discount programs are available:

Multiple Course Discount – students registering for 10 or more course units per semester are eligible for a 5% discount for that semester plus a 50% discount on registration fees for that semester only.

Full Course Discount – Students registering for a full Certificate Program are eligible for a 10% discount on the full program plus a waiver on all registration fees. Students must complete the full program within 3 years for a Certificate in Aging or Aging and Mental Health or 4 years for a Certificate in Geriatric Care Management. Students will be guaranteed the program at current program rates (\$2700/\$4140). Payment plans are available. Please contact Continuing Education at Hunter (212) 650 – 3850).

**All prices and discounts are subject to change*

Cancellation and Refund Policy

If Brookdale and Continuing Education make the decision to cancel a class, students will be credited the full class price plus any registration fees. If a student withdraws from a class, they will be refunded the full price, minus any registration fees prior to the first day of class. After the first day of class, no refund will be issued.

Attendance Requirements

One Class Course	100% Attendance
Two Class Course	100% Attendance
Three Class Course	2 out of 3 classes
Four Class Course	3 out to 4 classes
Five or more	80% Attendance

It is the student's responsibility to approach faculty regarding a possible "make-up" for missed classes BUT it is the faculty's decision whether or not a make up will be possible.

Classroom Assignments

All courses are held at 2180 Third Avenue unless otherwise noted. Classroom assignments will be posted prior to the first date of the course.

At this time we do not offer long distance learning courses or any web based course work.

Grades

Brookdale Center Certificate Programs have a pass/fail grading system. Faculty award “units” based on class participation, attendance and the completion of any faculty assignments.

Faculty Assignments

Faculty assignments vary by course but can include reading assignments, papers, class presentations and/or application assignments (applying something learned outside the classroom – e.g. doing a client assessment.) Assignments must be completed within a reasonable amount of time, according to deadlines given by faculty (or no more than one month after course completion.) Some courses require textbooks.

Registration

Students can register online at www.hunter.cuny.edu/ce or by phone at (212) 650-3850. All registration is to be done through Continuing Education at Hunter. Brookdale cannot directly enroll students in a class.

Certificate in Aging (30 units)

Provides the opportunity for health practitioners and clinicians to engage in a wide spectrum of courses in order to broaden their knowledge and skills in the field of gerontology and become better able to provide services and support for the geriatric population. *Target audience:* health practitioners and clinicians holding a bachelor's degree or higher who are interested in or working in the field of aging. To earn this Certificate, students must take:

Required courses (14 units)

- #905** Introduction to Gerontology & Normative Aging (5 units)
- #910A** Social and Psychopathologies of Aging (5 units)
- #500MH** Clients with Mental Illness (4 units)

Electives (16 units)

The remaining 16 units are taken as electives from the entire range of course offerings.

Certificate in Aging & Mental Health (30 units)

Prepares mental health practitioners and clinicians for specialized practice with older clients and their families. Course work examines the assessment and treatment of mental illnesses and conditions as they manifest themselves in an aging population. Students develop the knowledge and skills for working with older adults and their families using the most current mental health assessment protocols and mental health interventions. *Target audience:* Human service professionals/clinicians with a Bachelor's or Master's degree. To earn this Certificate, students must take:

Required courses (14 units)

- #905** Introduction to Gerontology & Normative Aging (5 units)

- #910A Social and Psychopathologies of Aging (5 units)
- #500 Clients with Mental Illness (4 units)

Other Electives (16 units)

6 elective units with an MH designation
10 units from any of our course offerings

Certificate in Geriatric Care Management (46 units)

Geriatric Care Managers are highly qualified professionals trained to assess, plan, coordinate, and monitor services for older adults and their families. Graduates of this program are prepared for a career as a geriatric care manager in the private for-profit and public not-for-profit sectors of service delivery. The courses offered in this program provide students with a solid knowledge of gerontology & clinical care management skills, as well as practical information to enable individuals to set up and successfully run a geriatric care management practice. Interested individuals must first apply and be accepted into this particular program. *Target audience:* Professionals with a Master's degree and 2 years of paid experience in case management or in working with a geriatric population; OR; a Bachelor's degree and 4 years of paid experience in case management or in working with a geriatric population. To earn this Certificate, students must complete the following required courses:

Aging Foundation Courses (14 units):

- #905 Introduction to Gerontology & Normative Aging (5 units)
- #500 Clients with Mental Illness (4 units)
- #910A Social and Psychopathologies of Aging (5 units)

Business Development Courses (taken in any order. GCM students only.) (8 units)

- #BD1 The Fundamentals of Starting a GCM Business (2 units)
- #BD2 Marketing Strategies and Practices (2 units)
- #BD3 Complexities of Working with Other Professionals (2 units)
- #BD4 Best Practices (2 units)

Aging Network (taken in any order. GCM students only.) (18 units)

- #AN1 Home Care (3 units)
- #AN2 Institutional Care (3 units)
- #AN3 Working in Family Systems (3 units)
- #AN4 End-of-Life Issues (3 units)
- #AN5 Housing (3 units)
- #AN6 Effective Communication Practices (3 units)

The remaining 6 units can be taken from any of our course offerings.

SPRING 2012 COURSE LISTINGS

#910A Social and Psychopathologies of Aging

This course provides a holistic examination of the dynamic interaction of psycho-social, cultural and biological factors that influence psychological wellness during aging. Older adults are viewed within the context of families, communities and the broader society. Preventive, diagnostic and intervention strategies of selected health alterations are discussed relevant to the practice of a broad range of professionals working with older adults. (5 units). This class is required for all students.

Dates and Times: Wednesdays, February 1, 8, 15, 22 and 29, 5:30 – 8:30

Location: Brookdale Center for Healthy Aging and Longevity, 2180 Third Avenue

Faculty: Alexis Carter, LMSW, CCM, QDCP

Price: \$450

#904 Working with an Aging Veteran Population

This course provides practitioners for specialized practice with older veteran clients and their families. Course work will examine the assessment and treatment of the unique issues and conditions that manifest in aging veterans. Students will develop the knowledge, skills and referral sources for working with older veterans and their families (3 units).

Dates and Times: Mondays, March 12, 19, 26, 6:00 – 9:00

Location: Brookdale Center for Healthy Aging and Longevity, 2180 Third Avenue

Faculty: Jo Potestivo, RN

Price: \$270

#505 MH Working Effectively with Compulsive Hoarders

Working Effectively with Compulsive Hoarders, examines the various causes of a puzzling behavior which has serious safety and public health consequences for both the hoarder and his or her neighbors. Focus includes an examination of the different psychiatric conditions which are linked with hoarding, the clinical features of the syndrome, techniques that engage the client, and interventions which are most effective in gaining the client's participation and cooperation. Compulsive hoarding creates difficult case management considerations; addressing the unsafe environment created by chaotic and often unsanitary living spaces while protecting the hoarder's fragile sense of self from decompensation. We will explore ways in which we can better comprehend both the world and world view of the hoarder, bringing compassionate engagement throughout the process of de-cluttering (3 units)

Date: Wednesdays, March 28, April 4 and April 11 6:00 – 9:00pm

Location: Brookdale Center for Healthy Aging and Longevity, 2180 Third Avenue

Faculty: Patrice LaMariana

Price: \$270

#509MH Understanding the Dimensions of Elder Abuse: Research, Policy & Practice

Utilizing the strengths perspective, this course will provide students with an overview of the research, policy and practice implications around elder abuse. In addition, students will learn about the prevalence of elder abuse as well as new service developments in New York City. This course will be highly interactive and students will be asked to think about the crucial role of diversity and cultural competency while also reflecting on their feelings and attitudes around aging (4 units)

Dates and Times: Thursdays, April 19, 26, May 3 & May 10, 6:00 – 9:00

Location: Brookdale Center for Healthy Aging and Longevity, 2180 Third Avenue

Instructor: Cara Kenien, MSW, MPA

Price: \$360

#501 MH Dementia

This course provides an overview of dementia, which is the loss of brain function that occurs with many later life illnesses. Participants will develop an understanding of brain changes and related symptoms of dementia, the impact of dementia on family and caregivers, and evidence-based treatment for affected individuals and their caregivers. Emphasis will be placed on exploring practical issues and developing intervention skills related to dementia. (4 units)

Dates and Times: Wednesdays, May 2, 9, 16, 23, 6:00 – 9:00

Location: Brookdale Center for Healthy Aging and Longevity, 2180 Third Avenue

Faculty: Lydia Ogden, MSW

Price: \$360

#BD2 Marketing Strategies and Practices

This course presents the student with an overview of the essentials related to developing and growing a Geriatric Care Management practice. Students are helped to understand the importance of visibility as the primary channel through which to start a practice. Various approaches to this goal are discussed including: press releases, community presentations, media relations and the use of the internet. Students also become familiar with the issues facing the beginning practitioner. (2 units)

Dates and Times: Thursdays, May 17 and 24, 6:00 – 9:00

Location: TBA

Faculty: Miriam Zucker, ACSW

Price: \$180

#AN6 Effective Communication

This 3 week course offers will help students develop skills and strategies for discussing tough topics with the older adult and their families and caregivers. Lecture, class discussion and role play will be used. (3 units)

Dates and Times: Thursdays, June 14, 21 and 28, 6:00 – 9:00

Location: TBA

Faculty: Miriam Zucker, ACSW

Price: \$270

Students can register online at www.hunter.cuny.edu/ce or by phone at (212) 650-3850. All registration is to be done through Continuing Education at Hunter. Brookdale cannot directly enroll students in a class.

Stay Tuned for Additional Course Listings.....