

Gender Equity Project Sponsorship Program
Spring 2004 Workshop #1

Balancing Work and Personal Lives
February 4, 2004

Agenda

- 1:00 – 1:30 pm** **Program Administration**
1. Revised Spring 2004 workshop schedule
 2. Sponsorship Program consent form and audiotape release
 3. Fall 2003 teaching and service checklist
 4. Applications for the 2004-2005 Sponsorship Program are due March 1, 2004
Go to <http://www.hunter.cuny.edu/genderequity/appl/2004-2005-Sponsorship-Application.pdf>
to download application materials.
- Beyond the Glass Ceiling: Women and Work in the 21st Century
- 1:30 – 2:50 pm** **Balancing Work and Personal Lives**
- 1:30 – 1:45** Discussion
- Finding a balance between one's work and one's personal life is a challenge we all face. We will discuss the particular concerns of women in academia and how the desire to achieve this balance affects one's career. After reading the assigned articles consider the following questions:
- What are some of the shortcomings of, or problems with, arguing that some women "choose" to leave their careers to care for their families?
 - What socio-cultural factors (e.g., the continued belief and practice that women should be the primary caregivers of children) may influence women's decisions to remain in, scale back, or leave a career?
 - Are the reasons for leaving stated by the women interviewed by Belkin and Tishler their "real" reasons? Did you detect any unspoken factors (e.g., gender bias) that may have influenced their decisions?
 - This set of articles strongly suggests that balance can be nearly impossible for high-achieving women. What are some negative consequences of this one-sided view for the continuing advancement of women?
 - Can multiple roles actually be beneficial to women and our careers?
- 1:45 – 2:00** Activity 1: Break into groups of 3-4
See Topic Discussion and Activities handout
- 2:00 – 2:35** Report back to the main group: Lessons learned from Activity 1
- 2:35 – 2:50** Activity 2: Break into groups of 3-4
See Topic Discussion and Activities handout
- 2:50 – 2:55** Workshop Evaluation: Complete part I before leaving