

Prior Assessed Learning - Example

Summary Page:

Date(s) of experience(s)	Position (s)/ Location(s)	Activity - Documentation	ACEND Learning Objective(s) met	Hours of Credit Requested
1/5/2005 to 8/10/2007	Nutritionist at Cholesterol Countdown Program – Institute of Human Nutrition New York, N.Y.	<ol style="list-style-type: none"> 1. Job description 2. Newspaper Articles 3. Promotional Flyer for Heart Health Fair 4. Recipe Hand-outs with Nutrition Analysis 5. Report on analysis of program participation statistics 	CRD 1.3, CRD1.5, CRD 2.2 CRD 2.4 CRD 3.1 A CRD 3.2 CRD 3.7	170 hours
10/14/2006 to 10/19/2008	Diabetes Program Assistant – Naomi Berrie Diabetes Center, New York, N.Y.	<ol style="list-style-type: none"> 6. Job description 7. 2006-2008 Performance Appraisals by Supervisor 8. Spanish language “Glucose Control Tips” booklet 9. Diabetes Counseling worksheet developed for use with clients 	CRD 2.2 CRD 2.3 CRD 2.4 CRD 2.6 CRD 2.7 CRD 3.1C CRD 3.1D CRD 3.2	120 hours
9/1/2009 to 8/17/2010	Food Service Manager – Golden Years SNF, Albany, N.Y.	<ol style="list-style-type: none"> 10. Job Description 11. 2009 – 2010 Performance Appraisal by Supervisor 12. Quarterly Cycle Menu with Nutritional Analysis 13. Budget for Monthly food purchasing 	CRD 3.3 CRD 3.4 CRD 3.6 CRD 3.7 CRD 4.1 CRD 4.2 CRD 4.9	90 hours
				TOTAL = 380 hours

Prior Assessed Learning - Example

Narrative for the 1st item listed on the Summary Page

Type of Experience: Community Nutrition

Dates: January 5, 2005 to August 10, 2007; Hours: 35 hours/ week

Position: Nutritionist

Location: Cholesterol Countdown program, Institute of Human Nutrition

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From January 5th 2005 to August 10th 2007 I was employed as a nutritionist in the Cholesterol Countdown project at the Institute of Human Nutrition. As can be seen in the attached job description (1), the duties of this position included; writing articles on heart healthy diet for a community newspaper read by a diverse population; preparing hand-outs for a multi-cultural client population, with modified recipes – including nutritional analysis; obtaining diet histories from and providing diet counseling to – participants at Heart Health Fairs conducted by the program, and collecting and analyzing statistics on Health Fair participants.

These activities are documented by the following Supporting Materials: examples of newspaper articles written by me during this program (2); a promotional flyer I created for the Heart Health Fairs (3); a complete set of my recipe hand-outs with nutritional analysis (4); and a report I compiled to present the statistics collected on program participation to the program's sponsor agency (5).

Through these experiences I learned a great deal about the preparation of educational materials for a diverse client population, having participated in Heart Health Fairs in many different locations, including Columbia University, JWT Advertising Agency, and Long Island Lighting. I also developed skills in interviewing, evaluating, and counseling people from all walks of life.

At the conclusion of the program cycle, I acquired skills in statistical analysis and presentation of statistical results as part of preparing the program evaluation report sent to the program's sponsor.

I am requesting 170 hours of Community Nutrition credit for these activities, by which I have met the following ACEND Learning Objectives:

CRD 1.3 Justify programs, products, services and care using appropriate evidence or data.

CRD 1.5 Conduct research projects using appropriate research methods, ethical procedures and statistical analysis.

CRD 2.2 Demonstrate professional writing skills in preparing professional communications (e.g. research manuscripts, project proposals, educational materials, policies and procedures).

CRD 2.4 Use effective education and counseling skills to facilitate behavior change.

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CRD3.1a. Assess the nutritional status of individuals, groups and populations in a variety of settings where nutrition care is or can be delivered.

CRD 3.2 Develop and demonstrate effective communications skills for clinical and customer services in a variety of formats. (Formats include oral, print, visual, electronic and mass media methods for maximizing client education, employee training and marketing.)

CRD 3.6 Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals.