

Adolescent Services Resource Network
@ The Silberman School of School of Social Work - Hunter College CUNY
Member, NYS Adolescent Services Resource Network serving NYC
With funding from the NYS Office of Children and Family Services
 2180 3rd Ave (corner of 119th St) 7th floor NY, NY 10035
 (O) 212-396-7619 (F) 212-396-7640

Workshops are tailored for staff working with adolescents who reside in NYS/NYC Office of Children and Family Services foster care or juvenile justice placements.

Please register early to ensure space in the desired workshop
 via the Statewide Training Automated System (STARS) at <http://stars.bsc-cdhs.org>

January & February 2012

Computer Based Training

Date	Time	Description
1/18/2012	9:30-12:00 pm	Developing LifeBooks and LifePaks with Youth in Care The life book is a concrete means to help a youth understand their past and plan for their future. This training will help staff and foster parents use the process of developing a life book with a youth as a way to produce a tangible product, while helping the youth explore their future goals.
1/23/2012	9:30-12:00 pm	Understanding Special Immigration Juvenile Justice (SIJS) This training will provide local district and voluntary agency staff in NY State with a basic overview and understanding of the SIJS process. Staff will also learn how the resources available to assist agencies in helping eligible youth acquire this special status, eligibility requirements and procedural issues and deadlines.
1/26/2012	9:30-12:00 pm	Utilizing Community Resources and Making Effective Referrals Many youth in care are used to having adults make appointment for them and take them to a variety of resources in the community. However, when a youth leaves care, they will need to do these tasks for themselves. This training will provide foster parents and staff with practical and creative strategies to use with youth to learn what resources are available in their community; identify what resources they may need post discharge from care, and how to access these resources. Tips on how to make referrals more effective by staff will also be presented.
1/30/2012	9:30-12:00 pm	Working With LGBTQ Youth in Foster Care Participants will develop the knowledge base, skills and comfort level needed to serve LGBT youth effectively. Through candid and open discussion, participants will learn how to support these youth and help to meet their needs.
2/01/2012	9:30-12:00 pm	Bullying: Spot it, Stop it This training will acquaint participants with the types of bullying, current research on bullying, the impact bullying has on the victim and the perpetrator, and will provide concrete methods for how staff can prevent and address bullying behaviors.

2/06/2012	9:30-12:00 pm	<p>Preparing Foster Youth for College</p> <p>This course will help you become well-versed in educational services and financial aid opportunities available for foster care youth. Participants will learn about services and supports available to them to pursue post-secondary education. Among the supports to be discussed are grants, scholarships and the Education and Training Voucher (ETV).</p>
2/09/2012	9:30-12:00 pm	<p>Street Smarts: Safety Skills for IL Youth</p> <p>This training will explore some of the personal safety issues youth face in the community, in school and interacting with their peers. We will look at some of the reasons youth in care are more vulnerable to risk in their lives and societal violence as it pertains to adolescents, how to help youth deal with difficult situations and ways we can help youth learn to keep themselves safe when they are living on their own.</p>
2/14/2012	9:30-12:00 pm	<p>Transition Plan</p> <p>To assist those working with adolescents (14-21) population understand all the policies, directives, and supports in place to help them best practice and obtaining successful outcomes. It will highlight Chafee, Transition Plans (and all of its elements), Adolescent Service Regulations (latest version when adopted), Trial Discharge, Medicaid to 21 and ETV and Permanency Legislation (relative to life skill instruction and linking to assessments).</p>
2/15/2012	9:30-12:00 pm	<p>Using Multiple Intelligence to Teach Life Skills</p> <p>This training focuses on how staff can help youth identify their potentials as well as discover that there are many ways to be intelligent. Participants will be introduced to the theory of Multiple Intelligence and various ways to measure these intelligences. Participants will receive: a profile highlighting 9 intelligences; information that can be used with young people during life skills assessment and tips on how this material can enhance on-to-one work as well as in life skills groups.</p>
2/21/2012	9:30-12:00 pm	<p>Boundaries: Where to Draw the Line</p> <p>This workshop explores the importance of maintaining professional boundaries. Participants learn why people cross boundaries and understand the ways in which those transgressions impact youth. Participants also consider the effects that abuse can have on a young person's sense of personal boundaries. Discover the purpose of self-disclosure as a tool of interventions and healing.</p>
2/23/2012	9:30-12:00 pm	<p>Resiliency: Helping Youth Bounce Back</p> <p>This course is designed to assist adults to promote resiliency in foster care youth by supporting the factors and qualities that contribute to resiliency. Youth in care need to learn to cope and adapt when difficult things happen; choose not to get involved in many different hi-risk behaviors, such as alcohol and other drug use, violence and premature sexual activity; and develop attitudes, skills, and abilities they need to be good friends, family members, citizens, workers, leaders, and contributors to society.</p>
2/27/2012	9:30-12:00 pm	<p>20 Common Mistakes Made by Direct Care Staff</p> <p>This class identifies the most common mistakes made by recently hired direct care staff and provides useful suggestions for avoiding these pitfalls. Participants will learn the impact these mistakes can have on programs, staff and youth.</p>
2/29/2012	9:30-12:00 pm	<p>Cultural Competence and Adolescents</p> <p>In order to effectively work with youth of diverse backgrounds, service providers must be sensitive to cultural issues. This training is designed to assist direct care staff, supervisors and caseworkers to be able to provide effective services to youth from a variety of racial, ethnic and cultural backgrounds.</p>

Classroom Based Training

Date	Time	Description
1/10/2012	1:00 – 4:30 pm	<p>Transition Plan</p> <p>To assist those working with adolescents (14-21) population understand all the policies, directives, and supports in place to help them best practice and obtaining successful outcomes. It will highlight Chafee, Transition Plans (and all of its elements), Adolescent Service Regulations (latest version when adopted), Trial Discharge, Medicaid to 21 and ETV and Permanency Legislation (relative to life skill instruction and linking to assessments).</p>
January 12 & 19	9:00-5:00 pm	<p>Adolescent Services Toolbox 2 Day Training</p> <p>This training program is designed to build on the Introduction to Self Sufficiency CORE training, which is pre-requisite. The toolbox training is designed to provide the foundation skills, knowledge, values and attitudes needed to effectively provide services to adolescents in care using the Toolbox as a resource. This program utilizes case studies and experiential group activities to provide an in-depth understanding of adolescent services and the participant's role in helping youth achieve self-sufficiency.</p>
1/24/2012	1:00 – 4:30 pm	<p>Cultural Competence and Adolescents</p> <p>In order to effectively work with youth of diverse backgrounds, service providers must be sensitive to cultural issues. This training is designed to assist direct care staff, supervisors and caseworkers to be able to provide effective services to youth from a variety of racial, ethnic and cultural backgrounds.</p>
1/26/2012	1:00 – 4:30 pm	<p>Resiliency: Helping Youth Bounce Back</p> <p>This course is designed to assist adults to promote resiliency in foster care youth by supporting the factors and qualities that contribute to resiliency. Youth in care need to learn to cope and adapt when difficult things happen; choose not to get involved in many different hi-risk behaviors, such as alcohol and other drug use, violence and premature sexual activity; and develop attitudes, skills, and abilities they need to be good friends, family members, citizens, workers, leaders, and contributors to society.</p>
1/27/2012	1:00 – 4:30 pm	<p>Street Smarts: Safety Skills for IL Youth</p> <p>This training will explore some of the personal safety issues youth face in the community, in school and interacting with their peers. We will look at some of the reasons youth in care are more vulnerable to risk in their lives and societal violence as it pertains to adolescents, how to help youth deal with difficult situations and ways we can help youth learn to keep themselves safe when they are living on their own.</p>
1/31/2012	1:00 – 4:30 pm	<p>Assessing the Life Skills of Youth in Care</p> <p>The process of conducting accurate assessments with youth preparing for self sufficiency is one of the key components to helping them plan and set goals. This training will acquaint participants with some of the various methods, resources, and instruments available to assess the life skills of adolescents. It will also explore the concepts of perception, expectations, and bias that impact on our ability to accurately assess youth.</p>

February 2,9,16 & 23	9:00-5:00 pm	<p>Introduction to Self Sufficiency 4 day training</p> <p>This training program is designed to provide the foundation skills, knowledge, values, and attitudes needed to effectively provide services to adolescents in care. This program utilizes case studies, video presentations, and experiential group activities to provide an in-depth understanding of adolescent services and develop the participant's role in helping youth achieve self-sufficiency. Topics covered include: Adolescent Services Regulations, Framework for Adolescent Service practice, interpersonal helping skills and adolescents, adolescent development, identity, emotional issues of youth in care, case planning and plan implementation, problem solving and decision making, developing and enhancing supportive relationships, identifying, establishing, and using community supports.</p>
2/07/2012	1:00 – 4:30 pm	<p>Constructive Confrontation</p> <p>This course explores the skills involved in a positive approach to giving directions to youth. It helps participants examine their verbal and nonverbal presentation and develop more effective communication techniques. Participants explore the reasons for youth resistance and develop more positive attitudes toward it. When facing the prospect of confronting youth about their behavior participants learn to determine when and how it should be done. They will increase their skills and ability to determine if a confrontation was successful.</p>
2/10/2012	1:00 – 4:30 pm	<p>Using Multiple Intelligence to Teach Life Skills</p> <p>This training focuses on how staff can help youth identify their potentials as well as discover that there are many ways to be intelligent. Participants will be introduced to the theory of Multiple Intelligence and various ways to measure these intelligences. Participants will receive: a profile highlighting 9 intelligences; information that can be used with young people during life skills assessment and tips on how this material can enhance on-to-one work as well as in life skills groups.</p>
2/15/2012	1:00 – 4:30 pm	<p>Boundaries: Where to Draw the Line</p> <p>This workshop explores the importance of maintaining professional boundaries. Participants learn why people cross boundaries and understand the ways in which those transgressions impact youth. Participants also consider the effects that abuse can have on a young person's sense of personal boundaries. Discover the purpose of self-disclosure as a tool of interventions and healing.</p>
2/17/2012	1:00 – 4:30 pm	<p>20 Common Mistakes Made by Direct Care Staff</p> <p>This class identifies the most common mistakes made by recently hired direct care staff and provides useful suggestions for avoiding these pitfalls. Participants will learn the impact these mistakes can have on programs, staff and youth.</p>
2/21/2012	1:00 – 4:30 pm	<p>What's In It For Me? Engaging Youth in Life Skill Development</p> <p>Motivating young people can be a challenge. Engaging a sustaining the focus of youth for developing life skills can be equally challenging. This training will discuss concepts of motivation examine the relationship between a youth's level of motivation and their successful transition to independence and explore techniques that foster care professionals can use to motivate foster care youth. The use of creative strategies that are fun, interesting and experiential can help to increase the youth's chances of learning life skills. This training will present strategies and approaches that will engage and motivate young people to learn and come back for more.</p>

Registration:

Please print clearly or type in the information

Fax: 212-396-7640

Email completed form to m.rivera@hunter.cuny.edu

Internet: STARS (Agency STARS administrator needs to do this) <http://stars.bsc-cdhs.org/>

Please make sure your email, user ID and phone number are updated and correct when registering.

Travel Directions:

6 Train to 116th St. Walk East on 116th St. Make a left on 3rd Ave and walk North to 119th St. The school is on the corner of 119th and 3rd Ave.

iLinc Information:

If you are interested in any iLinc classes, please read the following information to see what needs to happen before taking a class. Thank you!

With online training, trainees receive instruction through their computer and participate in all classes and activities from their home or office at a time that is convenient for them. Trainees can now take advantage of online training offerings in which the advantages of interactive, real-time instruction are made available to both instructor and student. In this virtual classroom made possible by **iLinc** software, trainees can listen to and speak with a live instructor, electronically “raise their hands”, and pose questions to the instructor or other trainees. Text chat and other student feedback tools are also available.

What Do I Need in Order to Participate?

Interested trainees must have all of the following:

A standard office computer

Agency Network connectivity (State, County networks or CONNECTIONS) or High Speed Internet Access

Headset with microphone (or computer speakers and a microphone)

Once registered for a class, participants will be provided with a New York State Office of Children and Family Services account and password and free installation of LearnLinc, the iLinc client software package. **Students are required to take the online introductory course, *Introduction to iLinc*, as a pre-requisite for any iLinc courses.** During the introductory course, students are given the opportunity to familiarize themselves with the various software functions. The introductory course is about 45 minutes long. Trainees should register with their training coordinator.

iLinc Technical Assistance via the iLinc help line: 1-800-810-1349

iLinc can be found at <http://ilinc.ocfs.state.ny.us/iLinc/>

**Please notify us 48 hours in advance if you can not attend a workshop.
m.rivera@hunter.cuny.edu**

ASRN Staff

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