

Handout: The Four Step Planning Process

Step One: Preparation

Step Two: Exploration

Step Three: Direction

Step Four: Wrapping Up

Source: Adapted from Foster/PRIDE/Adopt PRIDE Training Program, CWLA, Washington DC, 2003.

Handout: Tracey Update

You are preparing for your visit with Tracey. The following things have happened in the last month.

Tracey is still looking for an apartment. She continues to attend her counseling sessions and has been consistent with her visits. She continues to look for housing and is on several waiting lists.

Natalie has voiced some concerns about her mother. She is worried about her mother staying clean. She remembers when she was using drugs and she did not eat regularly and missed a lot of school.