

# Resources for Learning Circle Three

## Center for Effective Collaboration and Practice

<http://cecp.air.org/interact/expertonline/strength/sba.asp>

Strength-based assessment is a new way of thinking about special education and mental health. Rather than focus on "what's wrong," a strengths-based approach identifies the positive resources and abilities that children and families have. Dr. Michael Epstein at the University of Nebraska has pioneered work in strength-based assessment, including developing a norm-referenced instrument, the Behavioral and Emotional Rating Scale (BERS): A Strength-Based Approach to Assessment that can be used in planning and evaluation.

## Strength Based Assessment

This Strength Based Assessment is a structured discussion with the student, school and family to plan for the future after high school. This website provides information for school assessments.

<http://www.vesid.nysed.gov/specialed/transition/toolbox/sba.htm>

## What is a strengths based assessment?

Any strengths-based assessment must proceed from the belief in the client and it should not become a verdict or sentence for the client. ...

<http://www.socwel.ku.edu/Strengths/about/assessingStrengths.shtml>

## Strength-Based Approaches to Work with Youth and Families: An Overview of the Literature and Web-Based Resources

This method uses strength-based questions designed to foster a productive conversations.

<http://www.reclaimingfutures.org/sites/default/files/documents/strengths.pdf>

## An Individualized, Strengths-Based Approach in Public Child Welfare Driven Systems of Care

<http://www.childwelfare.gov/pubs/acloserlook/strengthsbased/index.cfm>

This report draws on the experiences of nine communities participating in the Children's Bureau's Improving Child Welfare Outcomes Through Systems of Care demonstration initiative, and summarizes their challenges, promising practices, and lessons learned in the area of individualized, strengths-based care.

## Person Centered Planning Resources

Increasing Person-Centered Thinking: Improving the Quality of Person-Centered Planning: A Manual for Person-Centered Planning Facilitators:

<http://rtc.umn.edu/misc/pubcount.asp?publicationid=84>

This is an excellent manual for facilitating person centered planning meetings. It contains additional resources for facilitators. It was produced by the Institute on Community Integration UAP, University of Minnesota.

<http://rtc.umn.edu/misc/pubcount.asp?publicationid=84>

This site contains web-based links to additional resources on person centered planning.

[http://www.tr.wou.edu/dblink/lib/topics/single\\_topic.cfm?topic=Person%20Centered%20Planning&d\\_topic=Person](http://www.tr.wou.edu/dblink/lib/topics/single_topic.cfm?topic=Person%20Centered%20Planning&d_topic=Person)

One of the resources already on the site has a new web address – the one for the National Consortium on Deaf-Blindedness. New link is:

<http://www.nationaldb.org/ISSelectedTopics.php?topicCatID=56>

Person Centered Planning Education Site

<http://www.ilr.cornell.edu/edi/pcp/>

This website from Cornell University ILR School Employment and Disability Institute provides an overview of the person-centered planning process, a self-study course covering the basic processes involved , a quiz section to help you focus on areas you may need to cover more thoroughly, a compendium of readings and activities for you to use on your own , and various links and downloadable resources.

A Guide to Person-Centered Planning

<http://www.ihd.umkc.edu/UCE/PCP.htm>

University of Missouri-Kansas City Institute for Human Development website on person-centered planning.

### **Casey Life Skills**

Here you will find free and easy to use tools to help young people prepare for adulthood. The life skills assessments provide instant feedback. Customized learning plans provide a clear outline of next steps, and the accompanying teaching resources are available for free or at a minimal cost.

<http://www.caseylifeskills.org>