

# Beginnings: Getting To You Know You Interview

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Date Completed: \_\_\_\_\_

Completed by: \_\_\_\_\_

## SPECIAL INTERESTS

<u>STRENGTHS</u>	<i>Record Youth Responses</i>	<u>NEEDS</u>	<i>Record Youth Responses</i>
<ul style="list-style-type: none"> <li>○ How do you spend your free time? What are some things you like to do?</li> <li>○ What are your hobbies?</li> <li>○ Do you play any sports? Which ones?</li> <li>○ Musical instruments? Which ones?</li> <li>○ Do you like to read? What types of things do you read? (books, magazines, graphic novels)</li> <li>○ Do you spend your free time doing things with any important people in your life?</li> <li>○ Do you participate in any cultural activities? Which ones?</li> <li>○ Do you belong to any clubs or organizations? Which ones?</li> </ul>		<ul style="list-style-type: none"> <li>○ Do you spend enough time with your special interests?</li> <li>○ Do you need to change anything to be more involved with your free time activities? What?</li> <li>○ What other hobbies, sports, activities would you like to pursue?</li> <li>○ Would you like to have more people involved in doing these activities with you?</li> <li>○ Would you like to join a club or belong to an organization?</li> </ul>	

## EDUCATION

<u>STRENGTHS</u>	<i>Record Youth Responses</i>	<u>NEEDS</u>	<i>Record Youth Responses</i>
<ul style="list-style-type: none"> <li>○ What do you like most about school?</li> <li>○ What are your favorite subjects?</li> <li>○ Have you used computers in school? What types of programs have you worked on?</li> <li>○ Do you have a favorite teacher? What does he/she teach?</li> <li>○ Do you speak more than one language? Which ones?</li> <li>○ Are you currently or have you ever participated in after-school activities? Which ones?</li> <li>○ What are your educational goals right now?</li> <li>○ What are educational plans after high school/GED?</li> <li>○ Have you explored financial aid programs?</li> </ul>		<ul style="list-style-type: none"> <li>○ Are there any school subjects that you would like help with? Which ones?</li> <li>○ Do you get along with your teachers and classmates? What are some ways we can help you improve your school relationships?</li> <li>○ Do you need help setting or achieving your current educational goals? What help would you like?</li> <li>○ Do you need to develop educational plans after high school? What kinds of help would you like?</li> <li>○ Are you interested in finding our</li> </ul>	

Adapted from Scott, R. and Houts. (1978). Individualized Goal Planning with Families in Social Services. Modified May 2006

Which ones?		more about colleges, vocational programs in the area? ○ Do you have any concerns about going to college or taking specialized training?	
<b>EMPLOYMENT</b>			
<b><u>STRENGTHS</u></b>	<i>Record Youth Responses</i>	<b><u>NEEDS</u></b>	<i>Record Youth Responses</i>
<ul style="list-style-type: none"> <li>○ Have you ever worked? Have you ever applied for working papers?</li> <li>○ What types of jobs have you held? What did you like best about those jobs? Was there a supervisor that you really learned a lot from? What were there name(s)? Do you remain in contact with them?</li> <li>○ Are you currently working? What is your current position?</li> <li>○ What part of your job do you enjoy most?</li> <li>○ Do you use computers on the job? What types of computer programs are you using?</li> <li>○ Have your decided on a career? What?</li> <li>○ Have you ever completed a career interest inventory?</li> <li>○ Do you know the importance of having the following documents for employment:                Birth certificate                Social security card</li> <li>○ Do you have a resume or fact sheet to take on future job interviews?</li> </ul>		<ul style="list-style-type: none"> <li>○ Are you interested in finding a job? What kind of work are you interested in doing?</li> <li>○ Are you interested in learning more about technology?</li> <li>○ Are you interested in finding out more about careers? What careers seem to interest you?</li> <li>○ Do you need an original birth certificate and/or social security card?</li> <li>○ Do you need to develop a resume and/or fact sheet?</li> </ul>	
<b>PERSONAL &amp; SOCIAL DEVELOPMENT</b>			
<b><u>STRENGTHS</u></b>	<i>Record Youth Responses</i>	<b><u>NEEDS</u></b>	<i>Record Youth Responses</i>
<ul style="list-style-type: none"> <li>○ What do like most about yourself?</li> <li>○ If your best friend were here, how would he/she describe you?</li> <li>○ Are you comfortable with meeting new people?</li> <li>○ Are you comfortable speaking up for yourself at home, school, work, or with friends?</li> <li>○ Everyone gets angry from time-to-time. What</li> </ul>		<ul style="list-style-type: none"> <li>○ Is there anything about yourself that you wish were different? What?</li> <li>○ Would you like to feel more comfortable: Meeting new people? Speaking up for yourself at home, school, work, or with friends? How can we help you feel more</li> </ul>	

<p>kinds of things make you angry? What do you do when you get angry?</p> <ul style="list-style-type: none"> <li>○ Is there a special adult mentor or resource person in your life that can help you with personal issues? If so, what are their names?</li> <li>○ Do you belong to any organizations or groups that help you spiritually or emotionally? Which ones?</li> </ul>		<p>comfortable?</p> <ul style="list-style-type: none"> <li>○ Would you like to learn other ways to manage your anger?</li> <li>○ Would you like to have more people in your life to help you deal with personal issues?</li> <li>○ Would you like to join or participate in an organization that could help you spiritually or emotionally?</li> </ul>	
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**FRIENDS AND FAMILY**

<u>STRENGTHS</u>	<i>Record Youth Responses</i>	<u>NEEDS</u>	<i>Record Youth Responses</i>
<ul style="list-style-type: none"> <li>○ Who do you call family? What are there names and relationships to you?</li> <li>○ How is your family involved in helping you prepare for life on your own?</li> <li>○ In what ways are you helpful to your family?</li> <li>○ Who are your friends? What are there names?</li> <li>○ In what ways are you a good friend to others?</li> <li>○ Which friends and family members would you go to for help?</li> </ul>		<ul style="list-style-type: none"> <li>○ Are you satisfied with your relationships with your family? What if anything would you like to change?</li> <li>○ What are some ways your family could help you now?</li> <li>○ Are you satisfied with your relationships with your friends? What, if anything, would you like to change? Would you like to develop new friendships? What are some we could help you do that?</li> </ul>	

Now we are going to create a map of your relationships. Think about the people in your life we just talked about. Let's put your name in the inner circle along with the names of those people you feel closest too. Then in the next circle, think about those people who are close to you but you don't feel fit into your inner circle, let's put their names there. Then in the last circle, think about people in your life that you are not close to but are important to you, let's put their names there. Now, we have your personal map.

