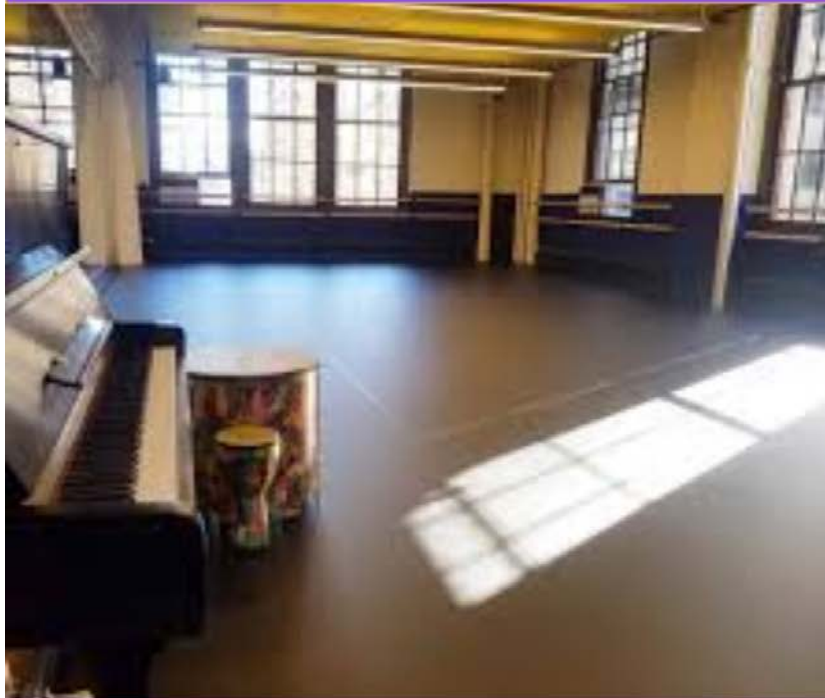


OCTOBER 5, 2020 | EDITION 6

HONOR THE BEAT

HUNTER NATIONAL HONOR SOCIETY FOR DANCE ARTS



Upcoming Reminders:



MONDAY, OCTOBER 5TH
HAPPY WORLD TEACHERS DAY!!

MONDAY, OCTOBER 12TH
NO CLASSES COLLEGE CLOSED

WEDNESDAY, OCTOBER 14TH
CLASSES FOLLOW A MONDAY SCHEDULE

MONDAY, OCTOBER 19TH
LAST DAY TO REGISTER FOR NDEO CONFERENCE

**More info further down!*

IN THIS EDITION

NHSDA UPDATES

**UPCOMING EVENTS
& WORKSHOPS**

DANCE IN THE NEWS

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GET THAT MONEY

STUDENT DISCOUNTS

DANCER HEALTH

BIRTHDAY CORNER

CUNY CALENDAR

HELPFUL LINKS

Learn with us today, lead with us tomorrow, dance with us always.

CONTEST ALERT!!!

Help create our very own
Hunter College NHSDA logo!

Calling all artists!!! We need your help!
We are in the process of putting together a pop-up
virtual store for Hunter NHSDA apparel and we want
one of you to create the logo!

10/26: ALL SUBMISSIONS DUE

11/2: FINALISTS ANNOUNCED

11/2-11/13: VOTE VOTE VOTE!

**WINNER ANNOUNCED
NOVEMBER 16TH!!!**

Open to all Hunter Dance/Dance Ed students, PLUS
any elementary or secondary students taught by the
Dance Ed cohorts.

CLICK HERE for more details on
our FaceBook page!

NDEO Conference Registration is OPEN!

Registration Deadline: October 19, 2020

NDEO is committed to making the 2020 NDEO Virtual Conference accessible to as many people as possible. In addition to our Regular Registration fee, we are offering several discounted rates. Discounted rates are available for those impacted by the pandemic. All registration options are for the full conference and open to all members; there are no one-day or student registration rates. All registration rates bestow the same full conference access to the registrant.

If you are unable to afford any of the registration options at this time and wish to attend the conference, please contact NDEO at conference@ndeo.org

Knock
Knock

What is the
most exciting
pie to dance
with?

The merengue.

REGISTRATION FEE OPTIONS:

- Regular Registration (full access): \$195
- Reduced Fee Option 1 (full access): \$120
- Reduced Fee Option 2 (full access): \$85
- Reduced Fee Option 3 (full access): \$50

Click Here

UPCOMING DEL EVENTS

Sign Up Now

DEL PANEL: WHAT HAS DANCE TAUGHT ME ABOUT RACE?

Date: Oct 10, 2020

Time: 2:30pm - 5pm

Pricing: \$20 FREE for AGDEP students (registration fee only)

Instructors: Online Class with Ann Biddle, MA, Frederick Curry, MA
and with distinguished guests Dian Dong, Dr. Martha Eddy, Eduardo
Vilaro and Jawole Willa Jo Zollar

DEL DANCE FILM: AN IMMERSIVE INTRODUCTION

Dates: October 12, 19, and 26

Time: 7:00pm – 9:00pm EST

Pricing: \$135 FREE for AGDEP students (registration fee only)

Instructors: Online Class with Andrew Chapman, Alexis Garay, MA
& Randi Sloan, MA

If interested, please
e-mail [Erin Lally](mailto:Erin.Lally@del.edu),
Director Dance
Education
Laboratory (DEL) at
elally@del.edu



APPLY
Now



Apply For The UniBuddy Program Application

What is UniBuddy?

An online text-messaging system where we connect future Hawks with some of our awesome current students, alum and staff

Get questions answered about the specific area of study, the commuter or residence life experiences, or just general Hunter College experience as well.

UniBuddy is a text-messaging system

To prospective students it would feel like a text message, while for you all communications will go through a UniBuddy app.

The UniBuddy app protects your personal contact information entirely, no direct contact information will be given to the students.

Expected Time Commitment

-0-20 min per day (varies by time of year)

CLICK [HERE](#) TO FIND OUT MORE AND CHECK OUT THE PLATFORM

UPCOMING EVENTS & WORKSHOPS



**RAEDIANT MOVEMENT PRESENTS:
HAITIAN FOLKLORIC DANCE WORKSHOP
SUNDAY, OCTOBER 18, 2020
1:00 - 2:30 PM
FEATURING GUEST INSTRUCTOR
MAXINE MONTILUS
[RSVP HERE](#)**

UPCOMING EVENTS & WORKSHOPS

FALL FOR DANCE LAB COLLECTIVE EMOTION: DANCE AS A LANGUAGE FOR OUR TIMES

**SATURDAY, OCTOBER 17,
2020, 10AM — 1PM**



FEATURING A MASTER CLASS LED BY NATASHA DIAMOND WALKER OF THE MARTHA GRAHAM DANCE COMPANY AND A WORKSHOP LED BY SUSAN THOMASSON (MASTER TEACHING ARTIST) AND TRACI HINTON-PETERSON (DOE DANCE INSTRUCTOR).

JOIN NEW YORK CITY CENTER AND THE NEW YORK CITY DEPARTMENT OF EDUCATION (DOE) FOR THE FIFTEENTH YEAR OF THE FALL FOR DANCE LAB – A MORNING OF INTENSIVE PROFESSIONAL DEVELOPMENT FOR DANCE EDUCATORS, CLASSROOM TEACHERS, AND TEACHING ARTISTS.

THIS YEAR, THE FALL FOR DANCE LAB WILL BE OFFERED VIRTUALLY AND AT NO COST. THE DAY IS DESIGNED TO GIVE PARTICIPANTS THE OPPORTUNITY TO EXPLORE THEIR OWN ARTISTRY AND EXPAND THEIR TOOLKIT AS EDUCATORS.

WE ARE ALSO PLEASED TO ANNOUNCE THAT ALL PARTICIPANTS WILL BE GIVEN FREE DIGITAL ACCESS TO PROGRAM 1 OF THE 2020 FALL FOR DANCE FESTIVAL. SPACE IS LIMITED AND WILL BE FIRST COME, FIRST SERVE.

[REGISTER HERE BY FRIDAY, OCTOBER 9 AT 5PM](#)

UPCOMING EVENTS & WORKSHOPS

TEACHER WORKSHOPS with KARIDA GRIFFITH



Karida Griffith is a performer who was a Radio City Rockette, a dancer for Cirque du Soleil, had a recurring performer on the HBO's hit series Boardwalk: PreyNext1 Empire and is a current member of the critically-acclaimed Tap company, Dorrance Dance. Karida also performed with Chloe Arnold's Syncopated Ladies, was a member of Jared Grimes' TADAH, Dormeshia Sumbry-Edwards' Sophisticated Ladies, and Barbara Duffy & Company.

As a teacher, she was on the Tap faculty at Broadway Dance Center in New York City, where she taught both private and open classes for pre-professional and professional dancers. Karida was also a Tap Dance professor in Pace University's cutting-edge BFA Commercial Dance program.



Racism & the Dance World - Part 2 Live Online Seminar

This one is also back by popular demand for those who want to check out this program, where we'll dive into the idea of "systems" in the dance world.

3 Common Missteps to Avoid When Discussing Dance History (and Race) with Your Students

Take strong steps toward having more positive, inclusive discussions that enrich your students' dance education!



FREE Workshop for Dance Educators

3 Common Missteps to Avoid When Discussing Dance History (and Race) with Your Students.

Seating is limited so click below to get the details & reserve your spot



[CLICK HERE FOR
MORE INFORMATION](#)

A Six-Week Professional Development Program for Dance Educators

Discover ways to confidently introduce age-appropriate lessons around race and history to your students.

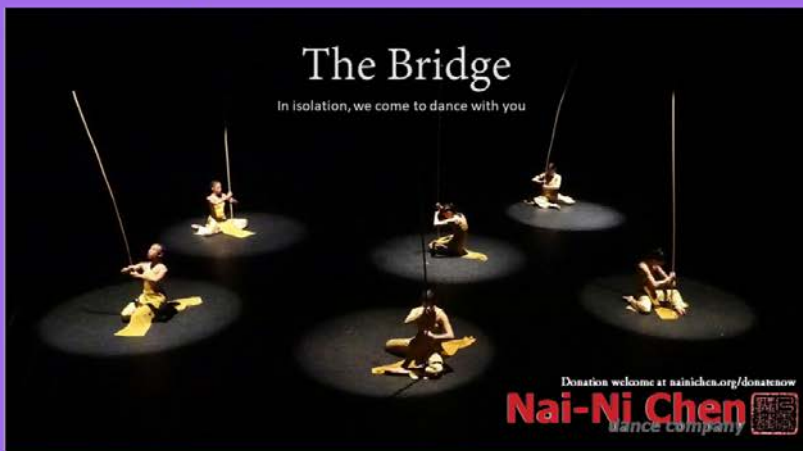
Registration closes Sunday, October 11th.

The Bridge

A New Dance Institute by Nai-Ni Chen Dance Company

In the midst of the COVID-19 crisis, the **Nai-Ni Chen Dance Company** has established a new dance institute through Zoom!

The Bridge aims to bring together dancers, choreographers & directors around the world to experience the master teachers of color whose practices are embedded in the community & are focused on advancing the art of dance that transforms the persona, environmental & metaphysical spaces.



Interested dancers can join the class by registering on Nai-Ni Chen Dance Company's website: www.nainichen.org/company-class

The Bridge Class schedule is as follows: Week of 10/5/2020

[CLICK HERE TO
REGISTER ONLINE](http://www.nainichen.org/company-class)

Monday	Yuka Notsuka (Kinetic Spiral) @11am
Tuesday	Christian Mintah (West African) @7pm
Wednesday	Nai-Ni Chen (Kinetic Spiral) @11am
Thursday	Potri Ranka Manis (Philippine-Melayu) @7pm
Friday	Yuka Notsuka (Kinetic Spiral) @11am



ATTENTION JOB ALERT!



The Hunter campus schools have immediate openings for per diem substitute teachers and \$15 per hour aides/monitors , particularly for the high school.

Interested candidates should reach out to

Lisa Siegman:

lsiegman@hccs.hunter.cuny.edu



SPOTLIGHT ON INCLUSIVITY:

HUMAN ILLUSTRATION

Founded by AGDEP Scholar, Sarah Greene

Human Illustration is an online dance platform that consists of dance classes for individuals with disabilities. Their mission is to provide students with a high-caliber experience which will enable them to reach their fullest potential and be proud of who they are. HI offers 4, 8 and 12 week classes. These classes include basic ballet fundamentals, choreography, and various ways to develop your artistry.

Photo by: Lydia Huibregtse
Contribution Credit: Sarah Greene

EMPOWER THROUGH

movement

HUMAN ILLUSTRATION

online dance classes for
individuals with disabilities

JOIN US!

Sign up for 4, 8 or 12 weeks

<https://humanillustration.com/>

JUNTOSVirtual Community Workshop Series



Contribution Credit: Jessica Son

Emerging professional dancers, pursuing higher education or training in dance...

Make a global impact through JUNTOS Pedagogy teaching + performance initiative.

JUNTOSVirtual Community Workshop Series: Connect to other dance volunteers, work with communities abroad, and share your love of dance! After two weeks of teacher training, you will be matched up with one other volunteer, and spend five weeks teaching dance classes for a community abroad. You will teach them weekly and prepare a final "piece" on them to be recorded, edited, and presented in our final showcase. During your teacher training, you will also learn choreography to be performed live in the final showcase.

JUNTOSVirtual is a new + innovative opportunity for Community Alliances and Dance Volunteers to collaborate year round through virtual exchanges of dance classes and performance. JUNTOSVirtual fosters leadership, development and unity across international communities from a distance. During Fall of 2021, JUNTOSVirtual will engage Youth and College aged Dance Volunteers from the U.S. with Community Alliances abroad to connect and uplift.

JUNTOS Collective is a 501(c)3 non-profit organization that uses dance to develop leadership and collaboration building in vulnerable communities. JUNTOS provides free dance workshops and dance performances from professional and pre-professional dance volunteers in select communities nationally and internationally.

CLICK HERE
for info on the
Community
Workshop Series

   **@juntoscollective**

Programs Manager, Cristiana Cavallo: cristiana@juntoscollective.org

September 29th - October 13th	Applications open!
October 17th	Teacher Training Session #1
October 25th	Teacher Training Session #2
October 25th - December 1st	Weekly JUNTOS Workshops Ongoing
December 2nd	Final Virtual Showing

DANCE IN THE NEWS

The New York Times

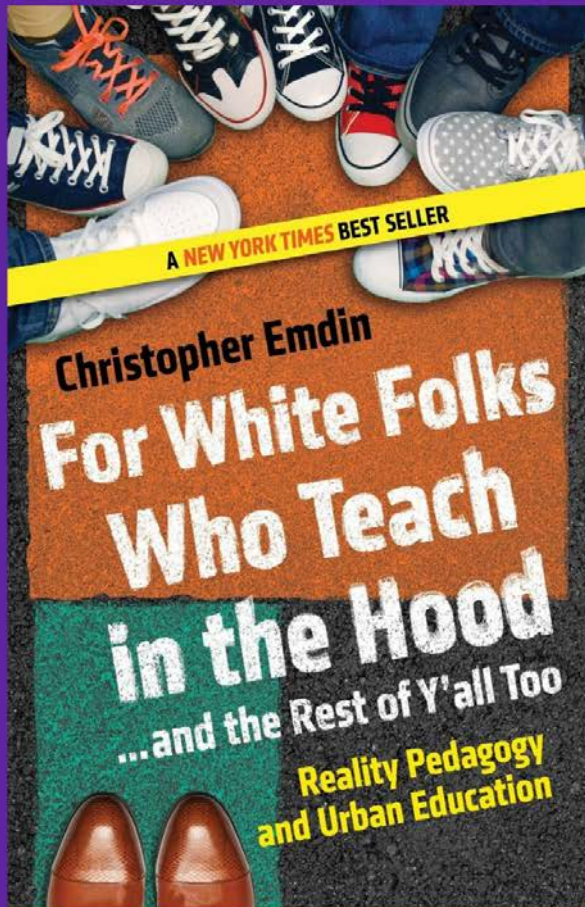
Dance on Film Is the Only Game in Town. BalletX Takes the Field.

This Philadelphia company has released four new works that engage the medium by pairing choreographers with filmmakers.



BOOK OF THE MONTH

CLICK PICTURE TO
PURCHASE ON AMAZON



Drawing on his own experience of feeling undervalued and invisible in classrooms as a young man of color and merging his experiences with more than a decade of teaching and researching in urban America, award-winning educator Christopher Emdin offers a new lens on an approach to teaching and learning in urban schools. For White Folks Who Teach in the Hood...and the Rest of Y'all Too is the much-needed antidote to traditional top-down pedagogy and promises to radically reframe the landscape of urban education for the better.

He begins by taking to task the perception of urban youth of color as unteachable, and he challenges educators to embrace and respect each student's culture and to reimagine the classroom as a site where roles are reversed and students become the experts in their own learning.

*SHARED FROM AMAZON WEBSITE

ALUMNI SPOTLIGHT - KENYA JOY GIBSON



What you should know about 2020 AGDEP Graduate Kenya Joy Gibson



What did you study in undergrad?

I majored in Dance Studies at LIU Post, where I studied Ballet, Jazz, Modern, & West African. The highlight of the program was working with professional companies & artists such as Complexions, Dance Theatre of Harlem, Alvin Ailey American Dance Theatre, Philadanco, Savion Glover, plus many more. I was able to work with established choreographers such as Michael Leon Thomas, Patricia Ann Kennedy, Fritzlyn Hector, & Khaleah London. During my time at Post, I was able to perform & choreograph on the company at LIU. This was when I found my passion as a choreographer. I graduated May 2014 with my BFA in Dance Studies.

Did you go immediately to grad school?

Before attending graduate school, I worked professionally as a dancer & choreographer. I performed with Fritzlyn Hector's Artist Ensemble. I became a company member with Forces of Nature Dance Theatre under the direction of Abdel Salaam in July 2015, with whom we won the 2017 Bessie Award for 'The Healing Sevens' for Outstanding Performance at DanceAfrica 2017 at BAM. I was also doing freelance work & was featured in the New York Times for my performance in Saya Woolfalk's "ChimaTEK" installation & was featured in Spike Lee's "Art of Daring" campaign for Cadillac. I choreographed several works, produced concerts, hosted community & school workshops, & performed in various theaters such as Kumble Theater for the Performing Arts, Symphony Space, The Ailey Citigroup Theater, The Salvatore Capezio Theater, & many more

What classes at Hunter would you say were your favorites and which really prepared you for after graduation?

I decided to go back to school for my MA to expand on different methods of teaching. My mom was a significant inspiration because she was a teacher for the DOE for over 25 years. The contributions she made by sharing her art within her school & with the community was always so inspiring. I was introduced to Hunter when I attended Talent Unlimited High School. During my internship with the Martha Graham School, the TU dance majors performed in the Kaye Theatre & were given a tour of the campus to learn more about the dance department.

Many courses at Hunter were extremely helpful to me. I enjoyed being a part of Pedro Ruiz's choreographic process in Graduate Rep. Physical Training with Michael Leon Thomas helped me create choreographic works using the Horton technique. Finally, in Methods 1 & 2 with Traci Hinton-Peterson, I learned how to create a curriculum. Professor Traci is a phenomenal mentor & was one of my biggest supporters in my last year at Hunter.

Interviewed by Nicole Ohr

Where do you currently work?

I currently teach West African at Dance Theatre of Harlem School & I'm starting my fourth year as a full-time dance teacher at Harlem Hebrew Language Charter - I was referred by a close friend from LIU Post. Harlem Hebrew offers an academically, rigorous curriculum & a focus on global citizenship. "Global citizenship" education includes developing students' skills in communication (including learning a foreign language), collaboration, critical thinking, & creativity. It also emphasizes empathy & emotional intelligence. Over the years, I have built a curriculum that has achieved Performing Arts Pedagogy such as Ballet, Jazz, Modern (Horton), Hip Hop, & West African. I created an arts partnership with Batoto Yetu's Africa in the Schools Residency Program & have held Annual Dance Performances, which showcase students' choreographic process live on all Hebrew Public's social media platforms.

How do you balance choreographing & teaching?

Choreography has been my main focus the last few years. I get most of my inspiration to teach from my experience as an artist. I often revisit & revise old works that I've choreographed while creating new ones. I attend live performances as much as I can; it pushes & motivates me creatively. As a pre-professional dancer, I've always been inspired by choreographers like Arthur Mitchell, Louis Johnson, Geoffrey Holder, & Robert Garland. Over the last few years, working with Abdel R. Salaam, Fritzlyn Hector, Michael Leon Thomas, Pedro Ruiz, & watching Darrell Grand Moultrie's work has been a significant inspiration. The art of storytelling through movement has always inspired me.

How did your trip to Ghana impact your teaching?

My choreography & teaching are inspired by history, tradition through art, music, spoken word, community, & human spirituality. Of everywhere I've traveled, Ghana was unmatched. I learned its history surrounded by art, music, & community, & I learned about the importance of spirituality. 2019 marked the 400th anniversary of the 1st enslaved Africans' arrival in Jamestown. *The Year of Return* is an effort to "unite Africans on the continent with their brothers & sisters in the diaspora."

The people of Ghana welcomed me with open arms, ensuring this was my home, & I could always return to visit. I wanted to share this same idea of revisiting & reclaiming the legacy of our history in my teachings. As an educator who teaches in a community of mostly black & brown students, it's vital to be culturally responsive. For future teachers I say continue to practice your craft. Know your mission as an educator.

CONTACT Info

E-Mail: iamkenyajoy@gmail.com

CONTACT Info

YouTube:

Kenya Joy Gibson

CONTACT Info

Find on Social Media at:

IG: @iamkenyajoy



HUNTER FREEBIES / PERKS

EACH NEWSLETTER WE WILL HIGHLIGHT A FEW
AWESOME PERKS YOU CAN GET AS A STUDENT
AT HUNTER - WITH JUST YOUR STUDENT ID!

Student Discounts on Music



Apple Music - Music streaming

Get a student subscription plan for \$4.99 per month.

Pandora Music streaming

50% off Pandora Premium student plan + free 60-day trial

SiriusXM Streaming service

Get SiriusXM Premier for \$4 per month with a subscription.

Spotify Music streaming

Get your first three months of Spotify Premium for free,
then pay \$4.99 per month.

KNOW ABOUT ANY OTHER GREAT PERKS WE MISSED?
DROP US A NOTE AT AGDEPHONORS@GMAIL.COM TO LET US KNOW!



Have you
registered to
vote yet?

**[Click here for
more information
on how to vote by:](#)**

Mail
Internet
In Person

**The last day to register to
vote in the upcoming
General Election is
October 9, 2020.**

SPREAD THE WORD, NOT THE FLU!



**SIGN UP TO RESERVE YOUR FLU
SHOT TODAY!**

DATES:

OCTOBER 29, OCTOBER 30, NOVEMBER 11,
NOVEMBER 12

TIME: 10 AM-3 PM ET

LOCATION:

THE FRIEDMAN HEALTH CENTER FOR THE
PERFORMING ARTS
729 SEVENTH AVENUE
12TH FLOOR
NEW YORK, NY 10019

*Click Here
for an
appointment*

Over 200,000 Americans are hospitalized each year due to flu-related complications. Luckily, you can significantly reduce your risk of the flu by receiving your annual flu shot.

This year, The Actors Fund will once again partner with Mount Sinai to offer free flu shots for those who are uninsured in our community! Your flu vaccine will be easy, free, convenient and safe.

DANCER HEALTH

Do something for yourself today.

Grounding & breathing exercises help relieve anxiety, calm the nervous system, and even promote creativity.



For an easy introduction to this technique, we would like to share this 5-min guided grounding meditation with **Christiane Wolf, MD, PhD**, a clinician and **MBSR** (Mindfulness-Based Stress Reduction) teacher.

Grounding Meditation

Download more free resources on her website: christianewolf.com

Meditation is a practice that focuses on training attention-regulation processes to improve focus, concentration, mental well-being.

Everyone reacts differently to stressful situations. Experiencing stress, fear, or anxiety is normal. Taking care of your well-being, including your mental health, is essential during this time.



CLICK ANYWHERE to watch the full meditation
Source: US Dept of Veteran Affairs YouTube

Meditation 101:

Use each of your senses as an anchor during the meditation. For example, the sensations of breathing, environmental sounds, or different areas of the body in a Body Scan.

- 1.** Choose your object & aim to keep your attention with that object moment by moment.
- 2.** If you notice that your mind has wandered off – which it will do rather sooner than later – gently bring it back to your anchor. That's it.
- 3.** Repeat.

ADVICE FROM REBECCA DIETZEL. M.S.

What should you do
when you get injured?

BE CALM

B = Breath

E = Evaluate

C = Crutches

A = Arrange an X-Ray

L = Elevation

M = Minimal Ice

For more information

<http://becalmprotocol.info> ●



BDAY CORNER

OCTOBER 2020

- 1** ● Nadia Conway, BA
- 2** ● Portia Wells, BA
- 5** ● Bianca Megaro, Alumna
- 17** ● Jody Gottfried Arnhold
- 19** ● Elizabeth Skeoch, MA
- 20** ● Dorrie Silver, MA
- 21** ● Katherine De La Cruz, Alumna
- 23** ● Sarah Isoke Days, BA

NOVEMBER 2020

- 23** ● Sarah Greene, MA
- 26** ● Jazmine McDonald, MA



CUNY CALENDAR

OCTOBER 2020

- 5** ● Happy World Teachers Day!
- 12** ● College Closed: Happy Indigenous Peoples' Day!
- 14** ● Classes follow MONDAY schedule
- 31** ● HAPPY HALLOWEEN!

NOVEMBER 2020

- 1-2** ● Feliz día de los Muertos!
- 3** ● ELECTION DAY - VOTE VOTE VOTE!
- 25** ● Classes follow FRIDAY schedule
- 26-29** ● College Closed: Happy Thanksgiving!

Happy Birthday from NHSDD! 🎉



QUESTIONS?

WANT YOUR UPCOMING EVENT
FEATURED IN FUTURE EDITIONS?
INTERESTED IN JOINING NHSDA?

Let's chat!
You can reach us at:

Email: agdephonors@gmail.com
Instagram: @Hunter.NHSDA
Facebook: @Hunter.NHSDA

HELPFUL LINKS

- [Help Desk](#)
- [Email Kathleen Isaac, Director](#)
- [Email for General Inquiries](#)
- [Full Student Freebie List](#)
- [Dance Education Program Overview](#)
- [Hunter NHSDA Instagram](#)
- [Hunter NHSDA Facebook](#)
- [Subscribe to this Newsletter \(please share!\)](#)