

NOVEMBER 2, 2020 | EDITION 8

# HONOR THE BEAT

HUNTER NATIONAL HONOR SOCIETY FOR DANCE ARTS



## Upcoming Reminders:



**TUESDAY, NOVEMBER 3RD**  
ELECTION DAY!!!  
VOTE! VOTE! VOTE!

**MONDAY, NOVEMBER 2ND -  
FRIDAY, NOVEMBER 13TH**  
VOTE FOR YOUR FAVORITE  
NHSDA LOGO PIC FINALIST

**MONDAY, NOVEMBER 16TH**  
NHSDA LOGO WINNER  
ANNOUNCED

**\*More info further down!**

## IN THIS EDITION

**NHSDA UPDATES**

**UPCOMING EVENTS  
& WORKSHOPS**

**DANCE IN THE NEWS**

**BOOK OF THE MONTH**

**ALUMNI SPOTLIGHT**

**GET THAT MONEY**

**STUDENT DISCOUNTS**

**DANCER HEALTH**

**BIRTHDAY CORNER**

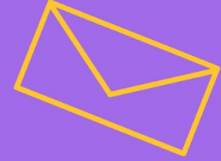
**CUNY CALENDAR**

**HELPFUL LINKS**

Learn with us today, lead with us tomorrow, dance with us always.

**IMPORTANT!**

## **IMPORTANT REMINDER: AGDEP NEWSLETTER EMAILS**



Please be sure to add the AGDEP email to your contact email list to avoid newsletters from going to your spam folder.

Add the email address: [agdephonors@gmail.com](mailto:agdephonors@gmail.com) and never worry about missing an AGDEP email again!

If you are having trouble receiving AGDEP emails or need help with adding the AGDEP email to your contact list please reach out to the [agdephonors@gmail.com](mailto:agdephonors@gmail.com) for further assistance!

*Congratulations*

**AGDEP Director Kathleen Isaac and AGDEP scholar Elizabeth Cahn on their successful presentations at the NDEO virtual 2020 conference!!**



**COMING  
SOON**



P.S. Be on the lookout for a special NDEO themed newsletter coming out next week. Highlights from the virtual conference will be showcased along with links for excellent resources and materials. Stay tuned!!

## UPCOMING EVENTS & WORKSHOPS

A poster for the Hunter College Dance Alumni Event. The background is a purple-tinted photograph of dancers in a studio. The text is overlaid in white and yellow. At the bottom left is a QR code with the text 'RSVP HERE' above it. At the bottom right is the logo 'DANCE AT HUNTER' in yellow and white.

**HUNTER  
COLLEGE  
DANCE  
ALUMNI  
EVENT**

RSVP HERE  


**NOVEMBER 25, 2020  
11:10 AM - 1:00 PM  
RSVP VIA ZOOM**

**DANCE  
AT HUNTER**

### HUNTER COLLEGE DANCE ALUMNI EVENT

Please mark your calendars and join us as we hear from Hunter Dance Alumni who are performing/touring, have companies, arts administrators, dance educators, practicing physical therapy, as well as many other wonderful careers within the world of dance.

**NOVEMBER 25, 2020  
11:10 AM - 1:00 PM  
RSVP HERE**



## UPCOMING EVENTS & WORKSHOPS

# NEW YORK CITY CENTER EDUCATION

## ALVIN AILEY PROFESSIONAL DEVELOPMENT WORKSHOP



**Alvin Ailey Professional Development Workshop**  
**Participation Fee: \$10**  
**Friday, November 6 from 3:30—6pm**

Join us for a master class with Amos Machanic, former company member of Alvin Ailey American Dance Theater and Ailey II and current Ailey Arts In Education Teaching Artist.

After the master class, Amos will lead participants in a workshop to explore themes of personal experience and social responsibility and gain tools to begin introducing the material to their students.

This year's workshop will take place virtually on Friday, November 6 from 3:30pm-6pm via Zoom.

\$10 Participation Fee will be collected via PayPal upon completion of registration form.

**REGISTER HERE**

Questions? Please email us at [Education@NYCityCenter.org](mailto:Education@NYCityCenter.org)



## FINGERPRINT CLEARANCE IMPORTANT UPDATE

For all current students in teacher preparation and school counseling programs who do not yet have fingerprint clearance from both the New York State Education Department (NYSED)

and the NYCDOE, the School of Education is requiring that all steps of the fingerprinting process be completed by **January 31, 2021**.

**Failure to meet this deadline will impact your ability to register for summer and fall courses.**

Temporarily, the NYCDOE is allowing the OSPRA 103 (a form that transfers fingerprint clearance from the State to the City) to be submitted via email until **December 31, 2020**. If you are unsure of your status or need support with the process, please contact the Office of Clinical Experiences at [oce@hunter.cuny.edu](mailto:oce@hunter.cuny.edu).

[Click Here to Visit the School of Education Fingerprinting Page](#)

## DID YOU KNOW??

Hunter students get a free unlimited zoom account through CUNY!



CLICK HERE TO  
SET UP YOUR  
ZOOM ACCOUNT

### SET UP YOUR CUNY ZOOM ACCOUNT TODAY!

Current Zoom users at Hunter can use their existing accounts and college login credentials (@login.cuny.edu) until the college-based Zoom licensing expires!

To sign up, type the link below into your web browser and login!

[HTTPS://CUNY.ZOOM.US](https://cuny.zoom.us)



# DANCE IN THE NEWS

## The New York Times

### Could Dance Be a Weapon All Over Again?

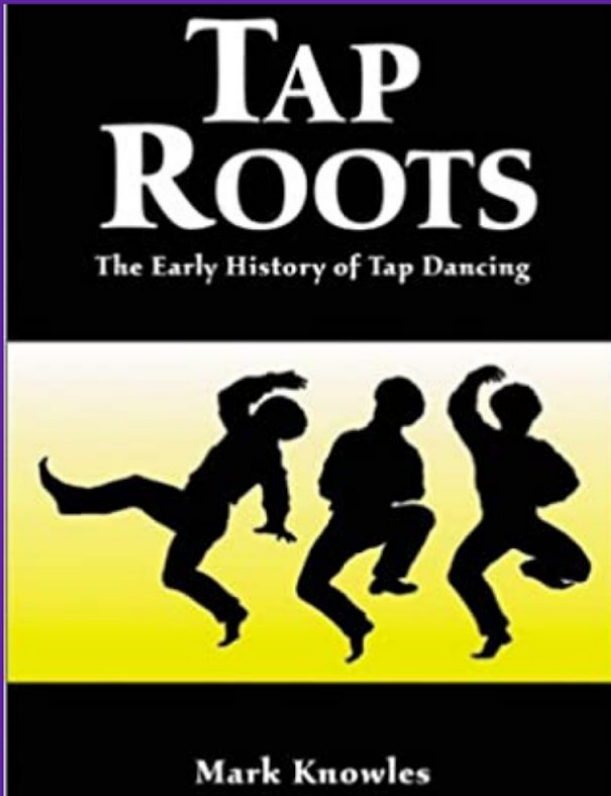
It's a scary time for body-based art. What will survive after the pandemic? As dance artists fight the old ways, a new empowerment is in the air.





# BOOK OF THE MONTH

**CLICK PICTURE TO  
PURCHASE ON AMAZON**



Tracing the development of tap dancing from ancient India to the Broadway stage in 1903, when the word "Tap" was first used in publicity to describe this new American style of dance, this text separates the cultural, societal and historical events that influenced the development of Tap dancing. Section One covers primary influences such as Irish step dancing, English clog dancing and African dancing.

Section Two covers theatrical influences (early theatrical developments, "Daddy" Rice, the Virginia Minstrels) and Section Three covers various other influences (Native American, German and Shaker). Also included are accounts of the people present at tap's inception and how various styles of dance were mixed to create a new art form.

\*SHARED FROM AMAZON WEBSITE



# ALUMNI SPOTLIGHT

## Andrea Cesar

### AGDEP Graduate, Spring 2019



#### What was the culture like there and how does it differ from the culture in the United States?

I enjoyed spending my entire childhood in Haiti. I had a very privileged and sheltered childhood which I now know plays an even bigger role in my perspective of how different the US and Haiti are from each other culturally. Despite the fact that Haiti is considered one of the poorest countries in the Western Hemisphere, it is filled with so much beauty, natural resources, and to be frank one of the best education systems that I have experienced thus far. There is something that needs to be said when analyzing education in underserved countries. Although, there are many factors as to why I think both the U.S. and the education system in Haiti are quite different, it is my opinion that the economic status of both countries severely impacts the turnout. In my experience, I have observed that students in Haiti and/or those who are first generation in the U.S. and other European countries tend to highly prioritize the value of their education. Whereas, some students who are being offered free quality education tend to not value their experiences and/or the education that is being offered to them.

#### When did you move to the United States?

I moved to the U.S. when I turned 16 years old, finishing high school in the States.

#### For your undergraduate degree, where did you study and what did you study?

I completed my undergraduate career at the SUNY New Paltz. I was fortunate to study business; majoring in International Business with double minors in French and Political Science. My undergraduate allowed me to understand the business and realistic side of what it entails to pursue a career within the art field. So, I made it my goal to sustain myself even while pursuing what I loved.

#### Did you go immediately after to grad school?

Yes! I was lucky to have been accepted into one of my top choices for graduate school.

#### Where did you study for your graduate degree and what did you study?

Upon completion of my Bachelor of Science, I was fortunate enough to begin studying at New York University. I was accepted into the Tisch School of the Arts where I completed my first Master of Arts in Performance Studies. I then proceeded to receive a second Master of Arts in Education at Hunter College, in the AGDEP program. I did not plan to pursue two Masters. I wanted to create artwork that I find meaningful and at the time I found that NYU's Performance Studies program offered the theoretical knowledge that I sought to incorporate in my practice. To conclude, teaching dance education as a career made perfect sense. It allowed me to dig into my practice, be sustainable and still give me space to explore and find deeper meanings.

#### What classes in grad school would you say were most helpful to your career and which classes did you enjoy most?

I know it is unfair to say I enjoyed all of them, but I did. Overall each class contributed to where I am today! I very much enjoyed some of the most theoretical based graduate classes that were offered at NYU. Although they were very challenging at times, they also pushed my research forward, ergo my understanding of social activism and its continuous relationship with dance. In fact, I think one of the courses that I could say provided me with a parallel experience from NYU is Professor Ipiotis's Dance History course. She would not accept anything mediocre from me nor any of her students and she also assisted me with my research for my Salon Series which really pushed me to further deepen the complexity of my research.

#### Do you have any advice for students transitioning out of grad school?

You matter, your work matters, and your ideas matter. I would start off by saying, surround yourself with like-minded individuals especially when it comes to your research and practice. Understand that establishing boundaries will be beneficial to your growth. Do not take others personally and in the words of one of my favorite speeches by Mary Schimich, "sometimes you're ahead, sometimes you're behind...the race is long and, in the end, it's only with yourself."

#### Could you describe a little bit more about your current work with choreopoems and how you got interested in the work?

I have forever been interested in Ntozake Shangés framework and her use of words to bring stories to life. During my time at NYU I based a lot of my research on her practice and how she eloquently uses storytelling to capture vulnerability, womanhood, and strength. So, during my time at Hunter, I thought it was a great opportunity to begin to dig into my own practice, using part of the theories I have studied over the years. Ntozake's framework to explore what it means to be a woman today in our time, in the Pan-Africanist community, an overall exploration of womanhood. Although I have thoroughly admired Ntozake's framework, I decided to re-shift my gaze using her framework to create a new paradigm that explores my own understanding and experience as a Haitian woman living in the U.S. Ntozake among many other women such as Toni Morrison, bell hooks, Assata Shakur, Zora Neale Hurston and many more have open doors for women like me to think, break boundaries and continuously challenge the definition of womanhood in our society. I only seek to share some of my findings, as always, my artwork is not for everyone, so I encourage the audience to take what they need and leave the rest for me and my healing.

#### Do you have any current projects you are working on?

Yes, yes! I am currently working on developing a series of choreopoems titled Khoreowords. Think of it as a collection, an assortment of sorts; vulnerable moments, chaos, and words all aligned to tell multiple stories through movements of what it is to be human today.

#### What is your current job and how long have you been working there?

First, I am an artist and a storyteller. I am also a high school Dance Education teacher at a charter school in the South Bronx. I've been teaching dance full-time in urban communities for about 5 years.

#### What do you teach in your curriculum and what do you most enjoy teaching in your curriculum?

I teach students to be open-minded through a series of different explorational concepts. My goal is to create a culturally responsive curriculum relevant to students' communities and their experiences. I hope that students leave my class feeling more inquisitive creatively and academically. I enjoy challenging students' thinking and my hope is that they find their artistic voices and create their own platforms.

#### Do you have any advice for Hunter AGDEP students when it comes to teaching in the school systems?

I have multiple pieces of advice for prospective and current AGDEP students. To start, I cannot stress enough how important class management is. Students are unable to fully learn if a teacher is incapable of managing the class. My second piece of advice is to have fun, it's okay to not know everything in your first year. We all learn as we get more accustomed. Lastly, remain as open-minded as possible. Let your students teach you as much as you are eager to teach them.

#### CONTACT INFORMATION

##### Instagram:

human.a.a.c

##### Email:

andreaacesar@outlook.com

##### Digication:

<https://hunter-soe.digication.com/andrea-a-cesar/home-1>

Interviewed by Hunter NHSDA Secretary, Nicole Ohr



*CONTACT Info*

**Email:** andreaacesar@outlook.com

*CONTACT Info*

**Instagram:** @human.a.a.c

*CONTACT Info*

**Website:** <https://hunter-soe.digication.com/andrea-a-cesar/home-1>



## HUNTER FREEBIES / PERKS

EACH NEWSLETTER WE WILL HIGHLIGHT A FEW AWESOME PERKS YOU CAN GET AS A STUDENT AT HUNTER - WITH JUST YOUR STUDENT ID!

### THE ARTS ACROSS THE CURRICULUM INITIATIVE



The Arts Across the Curriculum initiative is creating partnerships with cultural organizations throughout New York City. Special discounts are being offered to Hunter College Students.

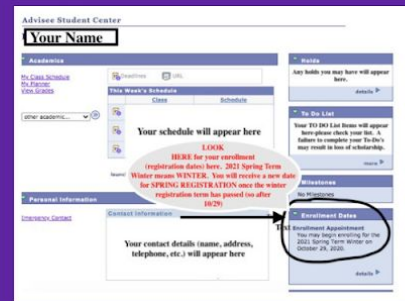
**CLICK BELOW FOR MORE INFORMATION**

#### THE ARTS ACROSS THE CURRICULUM INITIATIVE

KNOW ABOUT ANY OTHER GREAT PERKS WE MISSED?  
DROP US A NOTE AT [AGDEPHONORS@GMAIL.COM](mailto:AGDEPHONORS@GMAIL.COM) TO LET US KNOW!

## WHEN CAN YOU REGISTER FOR CLASSES?

Check on your CunyFirst account.  
Directions Below



- Log into your CUNYfirst account
- Use either the Enrollment/Add Classes or Class Search functions to find the classes you're looking to register for
- Go to step by step instructions and refer to Common College Terms A-Z for additional details



# DANCER HEALTH

## CONSIDERATIONS FOR DANCE TEACHER WELLNESS

CREATED BY JAQUELINE OLIVARES, M.A.

Self  
care

is  
not

self-  
ish

Infographic from: Let's Talk Stress: A Conversation on Individual Perceptions of Teacher Stress & Success.

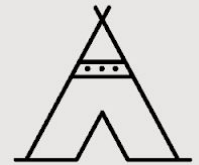
### 1 SET PERSONAL & WORK BOUNDARIES

Let's face it. Setting personal & work boundaries is a challenge. Remember, it's okay to say, "No."



### 2 FIND YOUR TRIBE

Build a supportive community of friends, family, and colleagues who will offer support and encouragement.



### 3 PHYSICAL & MENTAL HEALTH

Fill your cup with what makes you happy. Find a hobby? Go outside? Maybe try something new? It's okay to slow down...



### 4 WHAT MAKES YOUR TEACHER HEART SMILE?

Relish in the simple joys of teaching. They are hidden somewhere!



### 5 BE PROUD

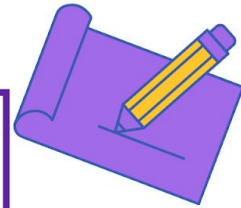
Be proud of the work you put out, even on the days that feel like survival is the ultimate and only goal.



## How Can We Maintain Social and Emotional Development Through Virtual Dance Education?

CLICK HERE TO  
READ ENTIRE  
POST

Shared From Dance Ed Tips Blog Post



I do not know about you, but before remote learning began my dance classroom was a social mecca! Everyone somehow made an appearance or stayed in the dance studio longer than they should. The music, the open studio space, the energy all attracted dance students, non-dance students, and adults. As dance educators, we all know dance is a social artform and we thrive on relationships and collaboration.

## **SPREAD THE WORD, NOT THE FLU!**



**SIGN UP TO RESERVE YOUR FLU  
SHOT TODAY!**

**DATES:**

OCTOBER 29, OCTOBER 30, NOVEMBER 11,  
NOVEMBER 12

**TIME: 10 AM-3 PM ET**

**LOCATION:**

THE FRIEDMAN HEALTH CENTER FOR THE  
PERFORMING ARTS  
729 SEVENTH AVENUE  
12TH FLOOR  
NEW YORK, NY 10019

*Click Here  
for an  
appointment*

*Over 200,000 Americans are hospitalized each year due to flu-related complications. Luckily, you can significantly reduce your risk of the flu by receiving your annual flu shot.*

*This year, The Actors Fund will once again partner with Mount Sinai to offer free flu shots for those who are uninsured in our community! Your flu vaccine will be easy, free, convenient and safe.*





# BDAY CORNER



# CUNY CALENDAR

NOVEMBER 2020

- 23 Sarah Greene, MA
- 26 Jazsmine McDonald, MA

NOVEMBER 2020

- 1-2 Feliz día de los Muertos!
- 3 ELECTION DAY - VOTE VOTE VOTE!
- 25 Classes follow FRIDAY schedule
- 26-29 College Closed: Happy Thanksgiving!

DECEMBER 2020

- 15 Nicole Ohr, MA
- 17 Kaslyn Harris-Jordan, MA
- 19 Brianna Layne, BA/MA

DECEMBER 2020

- 10-11 Reading Day
- 13 Last Day to Drop Course with a Grade of W
- 14-20 Final Exam Week
- 20 End of Fall Term
- 24-25 College Closed

*Happy Birthday from NHSDD!*





## QUESTIONS?

WANT YOUR UPCOMING EVENT  
FEATURED IN FUTURE EDITIONS?  
INTERESTED IN JOINING NHSDA?

**Let's chat!**

**You can reach us at:**

Email: [agdephonors@gmail.com](mailto:agdephonors@gmail.com)

Instagram: [@Hunter.NHSDA](https://www.instagram.com/Hunter.NHSDA)

Facebook: [@Hunter.NHSDA](https://www.facebook.com/Hunter.NHSDA)

# HELPFUL LINKS

- [Help Desk](#)
- [Email Kathleen Isaac, Director](#)
- [Email for General Inquiries](#)
- [Full Student Freebie List](#)
- [Dance Education Program Overview](#)
- [Hunter NHSDA Instagram](#)
- [Hunter NHSDA Facebook](#)
- [Subscribe to this Newsletter \(please share!\)](#)