

The Institute for Family Health, a federally-qualified community health center network, offers contraceptive counseling and services in a supportive, non-judgmental environment with up-to-date and medically accurate information about all options. We help patients choose a birth control method most appropriate for their needs and desires.

We offer a wide range of birth control options at low or no cost:

- Condom
- The Pill
- The Patch
- The Ring
- Depo Injection
- Copper IUD
- Hormonal IUDs
- Contraceptive Implant
- Emergency Contraceptives

Learn more at <https://www.institute.org/birthcontrol/>

The Institute for Family Health at 17th Street

230 W 17th Street

New York, NY 10011

212-206-5200

Call the Call Center at 1-844-434-2778 to make an appointment

Monday thru Friday: 8:00AM-8:00PM

Saturday & Sunday: 8:00AM-6:00PM

Family Health Center of Harlem

1824 Madison Avenue

New York, NY 10035

212-423-4500

Call the Call Center at 1-844-434-2778 to make an appointment

Monday thru Friday: 8:00AM-8:00PM

Saturday & Sunday: 8:00AM-6:00PM

*Opens at 10AM the first Wednesday of the month

Amsterdam Family Health Center

690 Amsterdam Avenue

New York, NY 10025

212-865-4104

Monday & Wednesday: 8:30AM-8:00PM

Tuesday, Thursday, Friday: 8:30AM-5:00PM

*Opens at 10AM every 1st and 3rd Tuesday of the month

Cadman Family Health Center

300 Cadman Plaza West, 17th Floor
Brooklyn, NY 11201

Call the Call Center at 1-844-434-2778 to make an appointment

*located at the intersection of Pierrepont Street and Cadman Plaza West

Monday, Wednesday, Thursday: 8:00AM-8:00PM

Tuesday, Friday, Saturday: 8:00AM-5:00PM

Walton Family Health Center

1894 Walton Ave

Bronx, NY 10453

718-583-3060

Monday, Tuesday, Thursday: 8:30AM-7:30PM

Wednesday, Friday: 8:30AM-5:00PM

Saturday: (ECHO Clinic) 8:30AM-12:00PM

*Opens at 10AM on the 1st and 3rd Thursdays of the month

Urban Horizons Family Health Center

50-98 East 168th Street

Bronx, NY 10452

718-293-3900

Monday & Thursday: 8:30AM-8PM

Tuesday, Wednesday, Friday, Saturday: 8:30PM - 5:00PM

*Opens at 10AM on the 1st and 3rd Thursdays of the month

**Closed the 1st and 3rd Saturdays of the month

Stevenson Family Health Center

731 White Plains Road

Bronx, NY 10473

718-589-8775

Monday, Tuesday, Wednesday, Thursday: 8:00AM-8:00PM

Friday & Saturday: 8:00AM-5:00PM

*Opens at 10:00AM on the 1st and 2nd Thursdays of the month