

# Reframing Your Way Through 2022

## ONLINE SEMINAR

### Start the year in the right mindset

Learn practical steps to use positive reframing strategies to guide your way through 2022.

Available under Online Seminars starting 1/18/22

WEBSITE: [www.myccaonline.com](http://www.myccaonline.com)

COMPANY CODE: CUNY



**WHATEVER YOU NEED, WE ARE HERE TO HELP.**

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JANUARY 2022

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