## Finding Yourself Through Nature

**ONLINE SEMINAR** 

## Take the path less travelled

Discover the importance of being outside and find your own way to enjoy nature, and increase your wellbeing.

**Available under Online Seminars starting 6/21/22** 

WEBSITE: www.myccaonline.com

**COMPANY CODE:** CUNY



WHATEVER YOU NEED, WE ARE HERE TO HELP.

Just call or log on to get started.

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