



## **CCA Program Launch Employee Orientation Schedule**

### **Monday, June 15<sup>th</sup> at 10am**

CUNY Work/Life Program, Presented by CCA@Your Service  
Employee Orientation session / Managing Stress in Uncertain Times (60 minutes)

We invite you to attend this overview CUNY’s Work/Life Program in order to learn about the different emotional health and daily convenience services available to you and your family members through the program. From short-term counseling support to assistance finding dependent care referrals, our Work/Life Program us here to help you better navigate some of life’s challenges.

As part of the overview, CCA@Your Service will also be leading a self-care workshop in order to provide strategies on how manage stress and build personal resiliency during these uncertain times.

**<https://ccainc.adobeconnect.com/e4a5vcubudd7/event/registration.html>**

*Please Note: There is no username/password required to register for this event. If you are prompted to supply one – simply click yes to go to the registration page.*

### **Tuesday, June 16<sup>th</sup> at 2pm**

CUNY Work/Life Program, Presented by CCA@YourService  
Employee Orientation session / Managing Stress in Uncertain Times (60 minutes)

We invite you to attend this overview CUNY’s Work/Life Program in order to learn about the different emotional health and daily convenience services available to you and your family members through the program. From short-term counseling support to assistance finding dependent care referrals, our Work/Life Program us here to help you better navigate some of life’s challenges.

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**<https://ccainc.adobeconnect.com/exnq1q8nspfw/event/registration.html>**

*Please Note: There is no username/password required to register for this event. If you are prompted to supply one – simply click yes to go to the registration page.*

# CUNY Work/Life

NOW PRESENTED BY CCA@YourService

## **Wednesday, June 17<sup>th</sup> at 11am**

CUNY Work/Life Program, Presented by CCA@YourService  
Employee Orientation session / Managing Stress in Uncertain Times (60 Minutes)

We invite you to attend this overview CUNY's Work/Life Program in order to learn about the different emotional health and daily convenience services available to you and your family members through the program. From short-term counseling support to assistance finding dependent care referrals, our Work/Life Program us here to help you better navigate some of life's challenges.

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**<https://ccainc.adobeconnect.com/e1escyj87kgo/event/registration.html>**

*Please Note: There is no username/password required to register for this event. If you are prompted to supply one – simply click yes to go to the registration page.*

## **Thursday, June 18<sup>th</sup> at 4pm**

CUNY Work/Life Program, Presented by CCA@YourService  
Employee Orientation session / Managing Stress in Uncertain Times (60 minutes)

We invite you to attend this overview CUNY's Work/Life Program in order to learn about the different emotional health and daily convenience services available to you and your family members through the program. From short-term counseling support to assistance finding dependent care referrals, our Work/Life Program us here to help you better navigate some of life's challenges.

As part of the overview, CCA@Your Service will also be leading a self-care workshop in order to provide strategies on how manage stress and build personal resiliency during these uncertain times.

**<https://ccainc.adobeconnect.com/e1mz3izapmmy/event/registration.html>**

*Please Note: There is no username/password required to register for this event. If you are prompted to supply one – simply click yes to go to the registration page.*

# CUNY Work/Life

NOW PRESENTED BY CCA@YourService

## **Monday, June 22<sup>nd</sup> at 10am**

CUNY Work/Life Program, Presented by CCA@YourService  
Employee Orientation Session (30 minutes)

We invite you to attend this overview CUNY's Work/Life Program in order to learn about the different emotional health and daily convenience services available to you and your family members through the program. From short-term counseling support to assistance finding dependent care referrals, our Work/Life Program us here to help you better navigate some of life's challenges.

<https://zoom.us/j/93087339671?pwd=N1RWMHBHMWc0UisvUFBiRzBVZGJ0UT09>

Meeting ID: 930 8733 9671

Password: 871351

Dial-in information, if needed - 646 558 8656 US (New York)

## **Wednesday, June 24<sup>th</sup> at 2pm**

CUNY Work/Life Program, Presented by CCA@YourService  
Employee Orientation Session (30 minutes)

We invite you to attend this overview CUNY's Work/Life Program in order to learn about the different emotional health and daily convenience services available to you and your family members through the program. From short-term counseling support to assistance finding dependent care referrals, our Work/Life Program us here to help you better navigate some of life's challenges.

<https://zoom.us/j/97801009507?pwd=Q1JBc0hsU0dBT3dLajFobE53WXpKQT09>

Meeting ID: 978 0100 9507

Password: 0701

Dial-in information, if needed - 646 558 8656 US (New York)