

# PREFACE

The policies and procedures detailed on the following pages are meant to *supplement*, and not replace, those outlined in the Graduate College Catalog.

The Integrated Program in Nutrition and Dietetics (IPND) supports the policy of *Non-Discrimination, Equal Opportunity and Affirmative Action* as set forth by Hunter College and the Board of Trustees of the City University of New York (CUNY). The Nutrition Program in the Hunter College School of Urban Public Health (UPH) accepts applicants who are qualified individuals, without regard to age, gender, sexual orientation, alienage or citizenship, religion, race, color, national or ethnic origin, disability, veteran or marital status. The Office of Diversity and Compliance monitors policies, procedures, and programs to ensure they are developed and carried out in a manner which does not unlawfully discriminate on the basis of race, color, religion, sex, national origin, age or disability.

# MISSION OF THE CITY UNIVERSITY OF NEW YORK AND HUNTER COLLEGE

CUNY's historic mission is to provide broad access to a range of higher education opportunities of quality suited to NYC's diverse population and to NYC's needs. CUNY has a commitment to providing first-rate academic opportunities for students of all backgrounds.

The goal of a Hunter College education is to encourage the fullest possible intellectual and personal growth in each student. While teaching and research are its primary missions, community service is also an essential goal of the College.

# MISSION OF THE HUNTER COLLEGE SCHOOL OF URBAN PUBLIC HEALTH

The Hunter College School of Urban Public Health mission is to carry out teaching, research and service to create and sustain a healthier New York City and to promote equitable, efficient, evidence-based solutions to pressing health problems facing urban populations around the world.

### **MISSION OF THE NUTRITION PROGRAM**

The mission of the Nutrition Program is to promote the nutritional well-being of individuals and populationsthrough teaching, research and service. It is dedicated to providing the highest quality education in nutrition and food science and contributing to the profession through faculty research and scholarly activity.

# **Contact Information for Nutrition Faculty and Staff**

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\* Adjunct faculty will provide their office hour locations for location and contact information for all UPH Faculty and Staff, see: <u>Hunter homepage directory</u>

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# Integrated Program in Nutrition and Dietetics Program Overview

The Hunter Integrated Program in Nutrition and Dietetic (IPND) combines the graduate level didactic and supervised practice programs that afford graduates the eligibility to take the registration examination for dietitians, and to apply for active membership in the Academy of Nutrition and Dietetics. The Integrated Program in Nutrition and Dietetics, a registered program of the New York State Education Department, provides a minimum of 1050 hours of Supervised Experiential Learning (SEL) to meet the competencies for entry-level dietitians and the standards of education set forth by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

Completing both a Didactic Program in Dietetics (DP) and Dietetic Internship Program (IP), in addition to passing the registration examination for Registered Dietitian Nutritionists (RD exam), are key requirements to become a Registered Dietitian Nutritionist. The registration is governed by the Commission on Dietetic Registration (CDR). Both components are combined in the Integrated Program in Nutrition and Dietetics, as a Graduate Degree Program in Nutrition and Dietetics, Future Education Model (FG).

The IPND is a full-time program with most classes and SEL conducted during the day. The program length is 2 years or 3 years, including summer sessions and winter breaks.

# **IPND Mission and Goals**

Consistent with the missions of CUNY, Hunter, the School of Urban Public Health, and the Nutrition Program in which it will reside, the mission of the Integrated Program in Nutrition and Dietetics (IPND) isto prepare graduates with a rigorous, high-quality graduate education and experiential learning that is based on the scientific principles essential to the practice of nutrition and dietetics, while fostering problem solving, communication, and professional skills that will ensure future success in their chosen endeavors, and enable them to support health promotion and disease prevention of individuals, groups and communities. Graduates will be prepared for practice as Registered Dietitian Nutritionists who are experts in advancing the science and practice, to actively address the changing health needs of society and of urban metropolitan areas such as New York City.

A unique and dynamic program, the Integrated Program (like the graduate Didactic Program) is the only public center for graduate level dietetics education in New York City. Its faculty members are committed to disseminating evidence-based information to students and preparing graduates with advanced nutrition knowledge who will become adept registered dietitian nutritionists. Our ethnically diverse graduates will make significant and meaningful contributions to further the science and practice of the profession. They will be prepared to actively address the health needs of society and the unique needs of urban areas.

The themes embodied in the mission statements of Hunter College and the School of Urban Public Health are reflected in the goals.

The IPND has two broad goals to accomplish this mission:

**Goal 1**: Program graduates will demonstrate evidence-based practice to advance the science in the field of nutrition and dietetics.

**Goal 2**: Program graduates will be prepared for careers in nutrition and dietetics as skilled practitioners with an advanced degree who are equipped to actively address the changing health needs of urban metropolitan areas such as NYC.

# **Objectives and Target Measures**

The faculty has established expected program objectives with target measures to assess achievement of each of the two program goals for the IPND.

**Goal 1:** Program graduates will demonstrate evidence-based practice to advance the science in the field of nutrition and dietetics.

Objectives:

1) Full-Time: At least 80% of students complete program requirements within 3 years (150% of the program length).

Part-Time: At least 80% of students complete program requirements within 4.5 years (150% of the program length).

2) At least 80% of program graduates take the CDR credentialing exam for dietitian nutritionists within 12 months of program completion.

3) The program's one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%.

4) At least 80% of the graduates who respond to exit surveys will rate the quality of their preparation in the Integrated Program to be satisfactory or better

**Goal 2:** Program graduates will be prepared for careers in nutrition and dietetics as skilled practitioners with an advanced degree who are equipped to actively address the changing health needs of urban metropolitan areas such as NYC.

Objectives:

1) Of graduates who seek employment, at least 80% of are employed in the field of nutrition and dietetics or related fields within 12 months of graduation.

2) At least 80% of employers who respond to the employer survey will rate the preparation of Integrated Program graduates as Good to Excellent.

3) At least 80% of the graduates who respond to alumni surveys will rate the quality of the Integrated Program in preparing them for their first job in nutrition and dietetics as fairly well or better.

# **Statement of Accreditation**

The Hunter graduate Nutrition Program curriculum meets the requirements for Graduate Degree Programs in Nutrition and Dietetics (FG) established by ACEND, the credentialing arm of the Academy of Nutrition and Dietetics (hereafter referred to as the Academy) and qualifies students to take the RD exam.

The address and phone number for ACEND are: ACEND, The Academy of Nutrition and Dietetics, 120 S Riverside Plaza #2190, Chicago, IL 60606, (312) 899-0040.

# **Brief History of the IPND**

The Nutrition discipline has been at Hunter for over 140 years--teaching of "Food Composition and Preparation" began in 1888 and this subject was required as a part of "Physical Science" and was taken by every student. In 1945, the Department of Home Economics was developed with the New York State Education Department which offered a BS. The MS in Home Economics was offered in 1948, and MS in Nutrition was introduced in 1957. Over these past years Hunter has trained literally legions of Nutrition professionals, many of whom have had a profound impact on the quality of life in our NYC communities.

The undergraduate DPD was established at Hunter in 1976. It received approval by the then Commission on Accreditation/Approval for Dietetics Education (CAADE) in 1990, when approval was the only recognition open to DPDs. The Hunter program was granted Developmental Accreditation by the then Commission on Accreditation for Dietetics Education (CADE) in 2000, when CADE started accrediting DPDs. The DPD was accredited for a 10-year period in 2002 (2002-2012) and the five-year Performance Assessment Report (PAR) was accepted in 2007—reaffirming continuation of the accreditation status for the next five years.

In 2003, the undergraduate DPD began receiving applications from an increasing number of '2<sup>nd</sup> degree' students who had already earned baccalaureate degrees. Exit surveys completed by our undergraduates documented frustration on the part of these 2<sup>nd</sup> degree students based on their need to spend three yearsin school (about 3 semesters on the prerequisite courses and 3 semesters in the undergraduate DPD) and not receive a graduate degree upon program completion. To accommodate the influx of highly motivated post-baccalaureate students, we found ourselves teaching our undergraduate DPD courses at almost the graduate level.

Accordingly, the Nutrition Program faculty proposed to elevate the DPD program to the graduate level. Our plan was consistent with concurrent trends in the other allied health sciences that require more thana bachelor's degree for entry into the profession (*cf., e.g.,* the CUNY programs in physical therapy, audiology and the planned program in pharmacy).

In 2010, the college, university and accrediting body approved the proposal, and our first class of MS-DPD students matriculated in the fall of 2010, now organizationally housed in the new School of PublicHealth.

In parallel with the DPD program, the Dietetic Internship Program obtained developmental accreditation in 1999, and full accreditation in 2002. Review of the program has been successful since, and the program continues to be accredited, currently until 2022.

Just as the DPD at Hunter College attracted students with substantial academic background, the DI program harbored a large number of students with graduate degrees, completing their SEL often with a background of substantial professional experience in a large variety of fields.

In December 2015, the CUNY Board of Trustees created a new Graduate School of Public Health and Health Policy (GSPHHP) replacing the School of Public Health at Hunter College. The science-based Nutrition Program continues to reside at Hunter in the School of Urban Public Health (UPH).

In 2017, ACEND established new Accreditation Standards, for all of its accredited programs, following itsfive-year cycle of review of these standards. Both DPD and DI programs are in compliance with these new standards at this time.

In the same year, ACEND published Accreditation Standards for Graduate Degree Programs in Nutrition and Dietetics, Future Education Model (FG). This type of program allows students to acquire the competencies of an entry-level dietitian in a one-step approach, as opposed to the more traditional model of a two-step process requiring students to first complete a DPD program and then apply to DI programs. Didactic learning and SEL are integrated in this program type. At the same time, the education is elevated to the graduate level, and new standards were developed to reflect the vision of the Academy for the Future Education Model. Applications for demonstration were invited in 2017.

Given the experience of the Hunter College Nutrition Program with a graduate-level DPD program and a DI program that attracted a large number of students with graduate degrees, the faculty decided to applyto become an early adopter of the Future Education Model. The application was approved with a start date of Fall 2018.

# **Provisions Due to the COVID-19 Pandemic**

The safety of our students is our number one priority.

The City University of New York and Hunter College are addressing the current pandemic with policies and procedures as it evolves. These policies and procedures may affect placement of students into rotations and may cause a delay in completion of the program.

The Accreditation Council for Education in Nutrition and Dietetics, ACEND, as accrediting agency for the Dietetic Internship Program, is also addressing the current pandemic, for example with changes to requirements for supervised practice experience.

Each rotation site establishes policies and procedures to keep their staff and their patients/residents/clients safe. This includes policies and procedures regarding students or interns at their facility. Interns are required to follow these policies and procedures, and failure to do so will result in disciplinary action.

The IPND Program will implement the policies and procedures, and completion of the IPND Program will require that ACEND requirements are met, even if that necessitates a delay in program completion.

It is particularly important to report any ill health, and to not expose others if you feel ill. In the event that you do feel ill, please follow the procedures in place at that time, both at your current rotation site and at Hunter College.

Call your healthcare provider or call 911 if needed.

Contact your preceptor and the IPND Director and the Academic Assessment and Accreditation Manager by phone or email to report your illness. You may need to obtain a COVID-19 test and may not be able to return to rotation or any in-person activity until you have received the results of the test. A decision regarding rotation and return to in-person classes would depend on the results of the test.

As with any other acute health issue, you may need to take time off for recovery, which may delay completion of the program. Any rotation time missed will have to be made up for, until ACEND requirements and course requirements are met, regardless of the anticipated program completion date.

Current policies for Hunter College can be found here:

<u>Student Vaccination Policy Frequently Asked Questions – The City University of New York (cuny.edu)</u> <u>Guidance on Academic Continuity to Campuses – The City University of New York (cuny.edu)</u>

#CantStopCUNY - The City University of New York

# **IPND Program Information**

The IPND is a 53-credit post-baccalaureate degree curriculum.

The total time limit for completing **all** degree requirements is 3 years. The time is calculated **fo**myour first semester in a matriculated program to the end of your final semester: Courses exceeding **te**limit at graduation will not be included in degree credits unless approved by the Graduate Advisor AND Division Dean. <u>Note that the program is designed to include summer and winter sessions.</u>

All graduate (MS) or accelerated undergraduate (BS-MS) students, enter the program after having completed the same prerequisites. Students begin the IPND program in the fall semester and take the IPND coursework and SEL in the prescribed sequence as outlined in Table 2. Most MS Nutrition courses are research and writing intensive. Some courses require collaborative work with fellow students and/or research with the external community. When planning your schedule, allow 6 to 9 hours of additional work per week beyond the class meeting time, in addition to the time required for the SEL.

#### **Pre-Registration**

The progression of learning is carefully monitored and is built into the sequential curriculum. Students enter the program in the Fall and move as a cohort taking the same classes in the required prescribed sequence Students meet with a faculty advisor before they register for the following semester.

# Find Your Way at the Schools of Social Work and Public Health Library

Things you need to know...

- 1. Your Hunter ID is your One Card. Use it to check out library books, make photocopies, print, pay fines, or to access your library account. More info: http://www.hunter.cuny.edu/icit/services/onecard
- Looking for books, DVDs and more? Search in the online library catalog, CUNY +. CUNY+ is a listing of all the materials held by the Hunter College Libraries, as well as other CUNY schools. You can find CUNY+ under "Find" on the library website:
- 3. http://library.hunter.cuny.edu/
- Need a book that Hunter doesn't own? You can request and borrow books from otherCUNY schools using CLICS: CUNY Libraries Inter-Campus Service. Find out more: http://library.hunter.cuny.edu/services/CLICS
- 5. You can check out laptop computers for personal use in all the Hunter Libraries. For further information, forms and policies visit: http://library.hunter.cuny.edu/help/laptopuse
- 6. The library has study rooms available. Rooms can be reserved for two hours. Reservations must bemade in person, not over the phone, and can be made one week in advance.

- Sometimes instructors will put course materials on reserve in the library. Materials can be on electronicreserve (online) or physically at the library. Learn more about reserves: http://hunter.docutek.com/eres/
- 8. The Hunter College Libraries are staffed with friendly, knowledgeable librarians who are happy to help and can save you loads of time. You can contact a librarian in person at the reference desk, on the phone (212) 396-7656, via email, or IM with *Ask A Librarian* which is accessible through the main library page.
- All of the Hunter College Libraries have wireless Internet access. Bring your own laptop or check outone of ours. Learn more here:<u>http://www.hunter.cuny.edu/icit/services/hunters-wirelessnetwork</u>
- 10. You can access our electronic resources online anytime, anywhere, as long as you have an Internetconnection. Find out how: http://library.hunter.cuny.edu/find/accessfromhome
- 11. All the Libraries provide computers with adaptive software, as well as wheelchair accessible workstations. For current Library hours: http://library.hunter.cuny.edu/about/hours
- 12. Keep up to date with Library news and events, leave comments, and learn about new library resources by reading our Blog: http://library.hunter.cuny.edu/blog/

# **Information About Weather Emergencies**

...and other factors that may impact your attendance at rotation sites or coursework is available from:

In severe weather conditions, you can stay informed about possible school closings and schedule changes by subscribing to <u>CUNY Alert</u>.

# **ACEND GP Competencies and Performance Indicators**

As a Competency Based Education program the IPND teaches and assess the ACEND defined competencies throughout the program. You will see a table of the competencies and where/how they are being assessed at in each of the IPND course's syllabi. You will also find them in the SEL rotation descriptions and will be asked to map them in your logbooks and reflect on your progress towards them in the evaluation and goal setting form throughout the program. The full list of program competencies and performance indicators can be found here: https://www.eatrightpro.org/FG competencies and PIs

### \*PI 1.72 has been updated to the following per 2022v:

Applies knowledge of foods, eating patterns and food trends. (S)

# **IPND Coursework**

IPND Course Sequence	
Year/Semester	Course or SEL rotation
Year 1: FALL (15 credits)	PH 75000 Biostatistics (3 cr)
	NUTR 71500 Food Service and Management (3 cr)
	NUTR 72000 Community Nutrition Education (3 cr)
	NUTR 73100 Advanced Nutrition I (3 cr)
	NUTR 73400 Clinical Nutrition I (3 cr)
	NUTR 70000 Dietetics seminar (3 cr)
	- SEL Rotation: Community Nutrition 150 hrs*
Winter	SEL Rotation: Food Service Management (continues into Spring semester)
Year 1: SPRING (16 credits)	NUTR 725-Nutrition Research (3 cr)
	NUTR 73200 Advanced Nutrition II (3 cr)
	NUTR 73500 Clinical Nutrition II (3 cr)
	NUTR 756 Food Science and Environment Lec (3 cr)
	NUTR 757 Food Science and Environment Lab (1 cr)
	NUTR 70200 Dietetics seminar (3 cr)
	- SEL Rotation: Food Service Management 200 hrs*
Summer	SEL Rotation: Focused Nutrition Practice 300 hrs*
	NUTR 73300 Nutrition and Human Development (3 cr)
Year 2: FALL (13 credits)	NUTR 74600 Nutrition and Disease (3 cr)
	NUTR 747 Adv. Nutrition and Assessment Lab (1 cr)
	NUTR 74800 Nutrition Assessment and Counseling (3 cr)
	NUTR 70100 Dietetics seminar (3 cr)
	<ul> <li>SEL Rotation: Focused Nutrition Practice 300 hrs* (may have been completed in summer)</li> </ul>
Winter	SEL Rotation: Medical Nutrition Therapy (continues into Spring)
	NUTR 780 Capstone (3 cr)
	NUTR 70300 Dietetics seminar (3 cr)
	- SEL Rotation: Medical Nutrition Therapy 400*

\*Please note that all indications of hours are estimates that will be adapted to the student's performance in this competency-based education model.

# **Estimated Costs**

All tuition and fees are determined by the City University of New York (CUNY) Board of Trustees and are subject to change without notice. Students are encouraged to visit the Bursars website at <a href="http://www.hunter.cuny.edu/bursar/tuition-fees">http://www.hunter.cuny.edu/bursar/tuition-fees</a> for most recent information about in-state, out-of-state and international student tuition.

Students must pay tuition and fees in full at the time of registration. Without full payment students will not be considered registered and will not be admitted to class. Financial arrangements for the payment of tuition and fees must be made by the student prior to registration. Information on grants, scholarships and loans can be found in the graduate catalogue.

**Estimated tuition and fees** (INCLUDES tuition charges and mandatory fees (student activity fee, consolidated service fee and technology fee <u>http://www.hunter.cuny.edu/nutrition/integrated-program-in-nutrition-and-dietetics/integrated-program-in-nutrition-and-dietetics-1</u>

#### Additional Program associated costs:

Please note that there are costs associated with onboarding for rotations. We estimate a total of \$300. The costs depend on the individual rotation sites. We have no control over their demands but aim to choose sites preferentially that cover the charges for onboarding costs. Please keep us informed.

- Background checks (may include fingerprinting, criminal background checks, and various health checks) ~\$300
- Books ~\$400/annually
- Transportation ~ NYC MetroCard minimum of \$32 per week
- Liability insurance ~\$36/annually
- Conferences and meetings (costs for events vary) ~\$100
- Housing ~\$1,000-4,000/month highly variable in NYC
- Health insurance (highly variable)
- Food: Depends on what you usually eat; Hunter College estimates ~\$3402/yr.

# **Scholarships and Awards**

The best place to begin your search for nutrition scholarship awards is with the <u>Academy of Nutrition</u> and <u>DttsFoundation</u>, which is the largest provider of nutrition scholarships to deserving students at all levels of study. The number of scholarships varies from year to year, each with a value range of \$500 to \$10,000 each. A limited number of departmental grants may be available. These are need based and can only be awarded to those who show demonstrated need on a FAFSA.

# **Nutrition Program Awards**

These awards are given at graduation. Candidates are nominated by faculty. Recipients are selected by the Nutrition Program faculty.

### Irene Von Cseh Award

Established in 1989 to encourage students to achieve high standards in scholarship, and to inspire them to achieve even greater accomplishments in the field of nutrition. Dr. Von Cseh is a former faculty member and alumnus of Hunter College.

### **Dorothy Epstein Graduate Fellowship**

Established in 1988, the award is granted to an outstanding student who shows promise for futureexcellence in research, teaching or coursework in nutrition.

### **Vivian Schulte Award**

Established in 1962, the award conferred each semester was created to aide *graduate or undergraduate* students of Nutrition and Food Science in the completion of academic work

# **Prior Assessed Learning Policy and Application Process**

### For Didactic Coursework

Students may receive credits or course waivers in two ways

1) Graduate credit and course waiver based on previous, recent (5yrs) **graduate** coursework (a) If a student has taken one of the **graduate** courses offered in the IPND curriculum and earned a minimum grade of B (pass/fail NOT accepted):

(b) The student must supply a description of the course and course syllabus, notes, exams etc. from the other college or university.

(c) The IPND Director will determine if courses are equivalent and acceptable. If the course appears substantially equivalent, the student may be required to take an examination administered by the IPND Director. If the student scores  $\Box$  80% on the exam, the course requirement will be waived, and credits transferred.

NOTE: **A maximum of four graduate level IPND courses** (12 credits) may be transferred into the MS degree program.

2) A course waiver may be granted based on prior learning through experience (a) A student with work experience in one of the practice areas covered by the IPND course work, may elect to demonstrate their competency by challenge.

(b) An exam covering the material will be administered by the Program Director.

(c) If the student scores  $\Box$  80% on the exam, the course will be waived *without credit*.

(d) The student will be required to take replacement graduate level courses in order to meet the minimum 53 credit graduation requirement. No verification statement will be issued unless the student earns an MS degree in Nutrition from Hunter College.

### For SEL Rotation Experience

The Hunter College Integrated Program in Nutrition and Dietetics participates in the Prior Assessed Learning program recognized by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

The Prior Assessed Learning (PAL) program is designed to grant varying degrees of credit for SEL in specific rotations of the Integrated Program based on the qualified applicant's learning, as demonstrated through paid work or volunteer experiences. Experiences considered for PAL must meet competencies required by ACEND that are *equivalent to an entry-level dietitian*. Credit for SEL is given for learning and gaining knowledge, not for work experience, thus is given when an applicant demonstrates an increase in knowledge and skills.

PAL will **not** be granted as a replacement for any of the didactic portion or SEL rotation associated seminar courses of the Integrated Program in Nutrition and Dietetics.

Experiences submitted for PAL will have taken place **as part of a professional career**, e.g. as a chef in charge of managerial tasks, or as employee at an agency operating or developing nutrition programs.

PAL credit will not exceed 1/2 of the total hours of the SEL rotations (currently = 525 hours) and does not replace the experience integrated into the coursework in the form of projects/assignments.

The tuition and fees for the Integrated Program will remain the same, regardless of the amount of PAL granted.

Submission of a request for PAL credit does not guarantee that such credit will be awarded, in full or in part as requested.

Decisions regarding the awarding of PAL credit are at the discretion of the director of the SEL. Applicants are encouraged to discuss potential PAL experiences with the director of the SEL prior to preparing and submitting the application materials.

#### **Application for PAL credit shall include the following:**

Experiences submitted for PAL evaluation must be classified as: Community Nutrition, Food Service Management, or Medical Nutrition Therapy.

Projects, reports, presentations, and educational materials produced by the applicant which demonstrate advanced knowledge and skills will be evaluated for PAL credit. Job descriptions, performance evaluations, letters from clients, and so on, can be used as supporting documentation of knowledge and skills, as applicable.

These supporting materials shall be clearly labeled as to which experience(s) they are applicable. They must be provided as one pdf file. This can easily be achieved by scanning the material and combining the scans into one file. Copy shops typically provide such service.

All materials must be typewritten. Hand-written materials are **not** acceptable. Applicants should indicate which of the ACEND FEM graduate competencies have been met by each experience submitted for evaluation.

Application for PAL credit should be submitted to the Program Director *at least 6 weeks prior to the start of the studentship term.* Applications will be evaluated in a timely manner, and applicants informed of credit awarded (if any) prior to the start of the studentship term.

Additional documentation / clarification of activities must be provided to the Program Director upon request. Failure to do so in a timely manner may preclude obtaining PAL credit.

The format for application for PAL consists of:

#### 1. a cover page

2. a table of contents

3. a Summary Page,

4. a **Narrative** describing each experience, what was done, what was learned, and how these apply to the ACEND learning objectives. *If more than one experience is being described, a separate narrative is to describe each one.* These are to be presented in the same order that the experiences are listed on the Summary Page.

5. **Supporting Materials**. Supporting materials include samples of projects, photos, reports, presentations, publications, newsletters, and educational materials produced by the applicant that demonstrate the competencies described. Supporting materials may be returned to the applicant if requested, after they have been evaluated. Original Summary Form and Narrative(s) will be maintained in the Integrated Program in Nutrition and Dietetics file for the student.

### **NFS Listserv**

Please make sure to subscribe by doing the following---

<u>Click here</u> and follow the instructions for subscribing to NFS-L. If you subscribe successfully, you should receive a 'welcome' message within minutes.

If not successful, contact the Hunter Computer Tech area (ICIT) at (212)-772-4946.

### **Nutrition Program Database**

As a student of the IPND accredited program, you are <u>required</u> to maintain an up-to-date record in the <u>Hunter College Nutrition and Food Science Information System</u>. It is your responsibility to make surethat your information in the Nutrition Database is accurate. Since you will be required to upload information even *after* you have graduated from the Nutrition Program (you will need to provide information on when you took the RD exam, or where you are working, etc.), it is important that you use aNON-HUNTER email address that you will use post-graduation to create your account. The IPND is required by ACEND to collect such data, and it is in the interest of students and practitioners that such data be as complete and accurate as possible.

User Guide

#### Create User Account

- Go to NFS http://www.hunter.cuny.edu/nutrition-grad
- : Bookmark this page. You will access this page at least once a semester and will need to update your information even after you graduate.

#### New User Registration and Password Reset

- A. Click on Register as New User
- Fill out the Last Name, First Name and Email Address on the form (**use a non-Hunter email thatyou will continue to use even after you have graduated**)
- The system will send you an email containing a link to the Confirm Email and Set Password

page

- Follow the link and create your password
- Upon completion you will be redirected back to the NFS Login page
- B. Click on Forgot my Password if you need to reset or have forgotten your password,
- The system will reset your password and will send you a link to the
- Confirm Email and Set Password page
  - Follow the link and create your new password
  - Upon completion you will be redirected back to the NFS Login page

#### Set Password

- A password must be between 8 and 20 characters long and contain at least one lower case character, at least one upper case character and at least one number.

#### NFS Login Page

- <u>Go</u> to <u>Database Login Page</u>. Enter your newly created User Email and Password
- The system will verify your credentials and take you to the first page in the application **Student Personal Information** page

#### **Student Personal Information Page**

- Please fill in all the fields. The fields marked with the round bullet are required.
- The email address entered here MUST be identical to that used for your login
- Your date of birth and your mother's maiden name are required for completion of your verificationstatement
- Consideration for departmental grants is only possible if you indicate completion of the FAFSA(this field is optional)
- You MUST click "Apply Changes" before leaving a page, or else your data entry will not besaved.
  - The navigation between the pages is solely through clicking on the tabs on top.

#### Student Education History Page

- Please fill in the data on ALL schools where you have taken the prerequisite courses
- Only School Name and city and state part of address are required. The other fields are optional.
- Click Add School button to create as many records as necessary
- Please enter Hunter College in your Education History even if you did not take pre-requisites here. It will be required for updating your coursework during the program.
- Click <u>Delete</u> button if you need to delete a school record. Note: if you have entered any coursework done at the school you will need to delete the associated records first. (See Student Coursework Tracker section).
- Click <u>Pencil and Paper</u> icon next to the School Name on the Student Education History Report screen to edit the school record if necessary
- Click "Apply Changes" to save your data

#### Student Pre-Requisite Tracker Page

- Please fill in the data about all the prerequisite courses you have completed prior to matriculationinto the NFS program
- Please select the School Name from the list. The drop-down list of schools is formed based on the Education History Information you have supplied on the previous page(s). If you need to add another School, press <u>Go Back</u> and <u>Add School</u> buttons.
- Please fill in Course Title, and Discipline and Course Number fields. For example, at Hunter they could be General Chemistry, CHEM and 101 correspondingly.
- Please provide the Grade, Number of Credits and Year Taken information.
- Click <u>Delete Checked</u> button to delete the checked course record(s) if necessary.
- Click "Apply Changes" to save your data

#### Student IPND Course Tracker Page

- IPND courses will be entered following their completion each semester. If you have already completed Biostatistics (summer) Please enter it now.
- You will be presented with the list of all the required courses. You need to enter only grade and year the course was taken If the course was taken at Hunter. If it was taken elsewhere, overwrite the pre-filled values as appropriate. Enter the name of school, discipline, course number, course title, credits earned, grade and year.
- Use <u>Go Back</u> button to return to Education History page in case you need to add another school or Hunter itself.
- Click <u>Delete Checked</u> button to delete the marked course record(s) if necessary.
- Click "Apply Changes" to save your data

#### Honors Page

- Enter Kappa Omicron Nu or any other awards that you have received
- Click "Apply Changes" to save your data

#### **Graduation Page**

- Please fill in the relevant information regarding your licensing and continuing education and/oremployment history.
- Fields Job Situation, Continuing Education, Degree date are all required.
- Click "Apply Changes" to save your data

#### **Professional Certifications**

- Please check all that apply and Click "Apply Changes" to save your date

# **IPND Required Documentation**

Before you can begin the IPND, all of these essential documents must be uploaded into the program's designated software:

- (1) Complete resume
- (2) Apply for Student Professional Liability Insurance beginning September 1st and submit copy of memorandum of insurance to IPND Director on the first day of orientation. You must be covered by liability insurance throughout the entire IPND. While many siteshave contracts that use the CUNY liability insurance for students, some sites are not covered by this policy. Coverage limits are 1 million and 3 million, and the anticipated cost for the insurance is less than \$40 for the year.
- (3) Submit **proof of your permission to work in the United States of America**, e.g. passportor visa with work permit, as <u>black & white copies</u>

Submit your record of immunization to the Office of Health Services by August 1<sup>st</sup>.

Submit a copy of the form on the first day of orientation.

- (4) Submit proof of immunization for Measles, Mumps, Rubella, Tetanus, and Hepatitis B, Varicella, Meningitis, as well as a current tuberculosis test to the IPND Director byAugust 1<sup>st</sup> prior to start of the first semester.
- (5) Submit **proof of a physical examination** performed within 3 months of the start of theIPND program, and annually thereafter, on the first day of classes. Please only submit proof that you had a physical examination and are fit for the IPND, including contact withpatients. DO NOT submit results of blood tests other than titers in lieu of vaccinations, or findings from the physical exam unless relevant to your work in the IPND program. Aletter on the physician's letterhead attesting that you are fit to work, including work withpatients, is sufficient.
- (6) Submit copy of your medical health insurance by the first day of classes.
- (7) Some sites require additional vaccinations and tests. A urine toxicology report and fingerprinting are often required. It is the student's responsibility to obtain the test results in time for clearance to start at the respective site for the SEL rotation.

### **Professional Behavior and Expectations for IPND Students**

When you enter the IPND, we expect that you will:

- Be able to write and speak clear, coherent English so that others can understand you. If you have problems with writing or limited experience writing English, help is available through the Hunter College Reading/Writing Center online at <u>http://rwc.hunter.cuny.edu/</u>. Their website will lead you to the Center's student and faculty guides, current workshop schedule, on-line handout file, and directions for e-tutoring (tutoring over e-mail). The Center is located on the fourth floor of Thomas Hunter Hall. The phone number is 212-650-3937. You may also get in touch with the Hunter College International English Language Institute (IELI) at <u>http://eslnyc.hunter.cuny.edu/en/index.asp</u> or 212-772-4290 or 212-772-4294.
- 2. Have access to a computer on a regular basis.

- 3. Maintain an e-mail account, check your e-mail *daily*, and reply promptly to messages. All Hunterstudents are provided with an email address. All official emails will be sent to the Hunter email address.
- 4. Create an email signature that includes your:

#### Name your 8-digit CUNY First EMPLID and "Integrated Program in Nutrition and Dietetics Matriculated (include your admit year) \_\_\_\_\_" (Optional phone number)

- 5. Possess basic computer skills, including word processing, the use of email, and findinginformation on the internet.
- 6. Be able to find appropriate references on nutrition and health topics in a library and online.

You do not need to be on campus to gain access to the journals. You can search the main databases (i.e.Medline, PubMed), from your home computer.

Simply go to the library home page: <u>http://library.hunter.cuny.edu/</u>

From the list, click "Databases". There you will find a listing of journal search engines. Click on the one you wish to use (PubMed for example). Then it will prompt you to insert your Hunter email ID and password. You can search for and get access to most of the journal articles for free.

#### We expect that you will:

7. Become familiar with recent developments and current controversies in nutrition.

This can be achieved by

- a) Following the national news and reading/viewing at least one of the following: national daily newspaper, national weekly newsmagazine, or daily news reports (carried by radio or television, or online). *The New York Times* science section on Tuesdays and the food sectionon Wednesdays are particularly good sources of information.
- b) Regularly viewing updates on the Academy of Nutrition and Dietetics website<u>www.eatright.org</u>.
- c) Starting to read some of the Academy of Nutrition and Dietetics' position papers:<u>www.eatright.org</u> Click on the "Position Papers" tab.
- d) Joining one or more nutrition listservs / discussion groups that are listed at:<u>http://www.stfx.ca/academic/human%2Dnutrition/resources.htm</u>
- Become an affiliate member of the Academy of Nutrition and Dietetics and subscribe to the Journal of the Academy of Nutrition and Dietetics. You will also automatically become a member in the state dietetic association of your choice: <u>www.eatright.org</u>. Students who live or work in NYC are encouraged to join the Greater New York Dietetic Association (<u>http://www.gnyda.org/</u>)

Other nearby groups are the Long Island Academy of Nutrition and Dietetics (LIAND <u>https://www.eatrightli.org/index.html</u>, formerly Long Island Dietetic Association) and the Westchester/Rockland Dietetic Association. <u>http://www.eatrightwrda.org</u>

Academy student members may also want to join one or more dietetic practice groups (DPGs) to buildskills, network, and stay current in a specialty area: <a href="http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/career\_481\_ENU\_HTML.htm">http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/career\_481\_ENU\_HTML.htm</a>

#### **Classroom Etiquette**

Take responsibility for your education

Instructors are here to create a learning environment – whether or not you learn depends on your willingness to listen, ask appropriate questions, and do the work necessary to pass the course.

Your tuition pays for a seat in the course, not a guaranteed good grade. What you do in that seat or how often you come to class and take that seat is entirely up to you!

Accept that instructors' classroom policies, procedures and teaching styles vary.

Some instructors enforce attendance policies vigorously; others are more lenient. Assignments and classroom discussions/events are at the discretion of the instructor. Each instructor has the freedom and authority to set his or her course policies and guidelines.

#### Attend class

Students who attend class, listen to the instructor, ask questions, and take good notes are more likely to pass with a higher grade. If you must miss a class, contact your teacher ahead of time tolet him or her know that you will not be there. DO NOT ask the instructor to repeat material you missed because you skipped a class.

#### Be on time

Do not take it upon yourself to decide when class begins or ends. The instructor will start class ontime and dismiss the class when appropriate. Walking in late disturbs everyone. At many places of employment, tardiness communicates lack of interest and lack of dependability. If you will

knowingly be late for class, please consider dropping the class (if the problem will be ongoing) ordiscuss this with your instructor ahead of time.

#### Come to class prepared – Turn your work in on time

Complete assigned readings before coming to class. Make sure to bring common classroom supplies such as a pencil, paper, textbooks, test materials, etc. along with completed homework. Students who attempt to complete their assigned homework in classroom at the last minute oftenearn lower grades and are more likely to miss deadlines. Instructors recognize those students who consistently cannot meet assignment deadlines. If an instructor is lenient on an "emergency"extension of an assignment due date, have the good sense to know that it is unreasonable to askagain (and again). \* This does not pertain to students who qualify for reasonable accommodations based on a documented disability.

#### Ask appropriate questions

It's good to ask questions and make comments but keep them related to the discussion at hand. Dominating class time with too many questions or comments prohibits other students from participating in discussions.

#### Practice common courtesy

Remember that in college, as is every other area of life, politeness and respect count.

- Do not have private conversations with your neighbors during class.
- Turn off cell phones and other electronic devices. The noise is distracting to other students.
- Do not send text messages during class. Despite what you think, instructors CAN see you typing.
- Respect all opinions. Others may have different ideas and opinions from yours, they may ask questions that you perceive to be "stupid," but they deserve the same level of respect from you as you wish from them.
- Unpack before class/pack after. The sound of zippers on backpacks along with the rustling
  ofpapers and/or jackets also disrupts the classroom and indicates lack of respect.
- Meaningful participation and attendance are required. One absence permitted w/o penalty. Attendance will be defined as appearing on Zoom, Blackboard, or some other video device, with your camera on, and you visible to the instructor at least 95 percent of the class time if in a course that utilizes zoom where the instructor requires that the camera and audio be on during class sessions

#### Respect your instructor

Openly challenging the instructor's knowledge or authority in the classroom is improper. If you have differences with your instructor's information or teaching methods, you may want to discussyour issues with the instructor outside of the classroom in a non-confrontational manner.

#### If you are struggling with your coursework, seek assistance.

Your instructors are willing to assist you. However, there are many other ways to get help: Tutoring is available through the academic learning center, proofreading and paper critiquing isavailable at the writing center.

#### Acceptable Language and Tone

Profane language is unacceptable, at all times in the classroom.

Do not whine or complain. This action reflects on you poorly!

Conduct yourself as you want to be remembered. Know that you will ask the faculty for letters of recommendation at some point.

# **Expectations of Students in SEL Rotations**

### When you are preparing for a rotation or at a site for SEL, we expect that you will:

- 1. Contact your preceptor at least 2-3 months prior to the start of each SEL rotation in order to introduce yourself and inquire about the "onboarding" process. Each site has its own very specific requirements that must be completed by the student so that they can be cleared to begin on time. It is the student's responsibility to communicate early and to gather and complete required documentation and screenings prior to each rotation. The SEL Director and Academic Assessment and Accreditation Manager are available to help clarify any questions you may have. Each site is very different and in general larger institutions and clinical rotation sites have lengthier onboarding procedures. This onboarding is separate from the documents required to be uploaded into our program software- your preceptors do not have access to those documents at any point.
- 2. All IPND students are expected to dress professionally. In general, this is considered to be business attire, or as appropriate to the specific rotation's work setting. Hosiery or socks and closed shoes are required for clinical and food service rotations. Long hair must be clipped back securely, and protective hair covering (hat/hairnet) is generally required for food service management rotations. During the clinical rotations, a white lab coat is required. When attending a seminar or professional meeting representing the IPND program, business attire is required for everyone.
- 3. When on duty in the rotation facilities, the student shall follow the regulations for that facility. Identification badges are to be worn at all times when on duty. These may either be the Hunter College ID, or one supplied by the rotation facility. Your preceptor needs to provide you with the regulations to follow, and you need to write down where to find these, and what regulations / regulatory agency they are derived from. This record becomes part of your rotation portfolio.
- 4. IPND students are expected to be polite and respectful to their preceptors and everyone atthe rotation sites. Bear in mind that even the most ignorant person on earth could have one littleclue to life that could be valuable to you. Pay attention. Keep your eyes and ears open for what youcan learn from ANYONE. You should be respectful of everyone you meet. Our preceptors are a diverse group of people, just as our students are. They may be significantly younger or older thanyou are, or different in some other way. You may also be working with someone who is not a Registered Dietitian Nutritionist. Never think that you know everything that there is to know, or thatsomeone (like a clerk or kitchen worker) cannot teach you anything. If you have an issue with a preceptor, speak to her / him about it first, then the Clinical Nutrition Manager or site supervisor, and finally, if unable to resolve it any other way, bring it to the attention of the IPND Director. IPNDstudents should strive to model professional behavior in all settings, even if others are not behaving in the way most conducive to that standard. *Avoid* the temptation to get involved in office politics at any of your rotation sites.
- 5. **The "world" of each rotation setting is unique.** Be respectful of the policies and norms of behaviorin each work setting. (For example, the usual way to answer the office telephone, the locations where it is acceptable to eat or drink, lunch and break times, use of cell phones, etc.)
- IPND students should refrain from personal telephone conversations and/or texting while on duty at any rotation site. Assignments, including case descriptions beyond collection of the necessary data, should NOT be completed at the sites unless they are part of your workassignment there (Which they mostly are or should be).
- 7. IPND students should avoid engaging in office politics and unprofessional discussions or gossip.

*IPND students should accept any and all assignments from preceptors, provided such assignments are not illegal or dangerous.* Bearing in mind that "scutt" activities (such as filing or making photocopies)performed by interns can free up more of the preceptor's time for more substantive discussions and teaching at a later point in the day. Offer to help anywhere that you can.

# Health Insurance Portability and Accountability Act (HIPAA)

All IPND students should familiarize themselves with the HIPAA regulations (see below) and comply with these ir all facilities

(Also known as the Kennedy-Kassebaum Bill, the Kassebaum-Kennedy Bill, K2, or Public Law 104-191.)

HIPAA (hip-uh) which stands for the Health Insurance Portability and Accountability Act of 1996, is a set of rules to be followed by doctors, hospitals, and other health care providers. HIPAA took effect on April 14, 2006 and has been amended since. HIPAA helps ensure that all medical records, medical billing, and patient accounts meet certain consistent standards with regards to documentation, handling and privacy. In addition, HIPAA requires that all patients be able to access their own medical records, correct errors or omissions, and be informed how personal information is shared or used. Other provisions involve notification of privacy procedures to the patient. HIPAA provisions have led to many cases of extensive overhauling of medical record and billing systems.

"Individually identifiable health information" is information, including demographic data, that relates to:

- the individual's past, present, or future physical or mental health or condition,
- the provision of health care to the individual, or

- the past, present, or future payment for the provision of health care to the individual, and that identifies the individual or for which there is a reasonable basis to believe can be used to identify the individual. Individually identifiable health information includes many common identifiers, such as name, address, birth date, Social Security Number, or medical record number.

Also see: Centers for Medicare and Medicaid Services (CMS) <u>http://www.hhs.gov/hipaa/for-professionals/index.html</u>

# About "Clinical Judgment"

You may hear your preceptors speaking about *using clinical judgment*. This is sometimes a difficult concept for students, who are used to looking up the "right" answer to every question. However, clinical judgment isn't something that you can just pick up from a book.

For example, you can study all about quantum mechanics and spectroscopy and eye/brain physiology, but unless you learned your colors, probably back in elementary school, you will still not understand what "green" means, or when to describe something as "light green" or "dark green" etc. The technical knowledge may be there, but the concept is not.

Likewise, you can think about cooking: read food magazines, watch the cooking channel, read food science textbooks, and STILL not be a good cook. Experience, trial and error, and finally an almost automatic sense of what *feels* right are important determinants distinguishing a competent cook following a recipe exactly, from an excellent cook who just does it, and can be creative and innovative with it.

Clinical judgment is *different from critical thinking*. Critical thinking looks at the big picture and how everything fits together, how this new piece of information attaches to what you already know, how changes in one part of a system impact other parts of the system, or the world. This is all an important part of being an educated person, but it is not clinical judgment.

Clinical judgment stems from a base of evidence-based technical knowledge but adds multiple experiences of applying that knowledge in real life situations where random actions are also happening. Like doing a dance, or playing a sport, or some other physical skill, practice, a LOT of practice is essential ogetting it.

Once you "get it" even a little bit of it, the rest is all much easier; it's just more practice. You develop your clinical judgment by using your clinical judgment. It's not in a book. No one can just GIVE ITTO YOU any more than they could make you a great tennis player by having you read books about tennis.

You can learn from the examples set by your preceptors, but true cultivation of clinical judgment is up to you.

# Experiential Learning – What to Count Towards Required Time

As per our current accreditation with ACEND, the *minimum* number of hours of experiential learning that are necessary for credentialing is 1000, our program includes 1050. Each student is required to maintain a personal log of activities, hours, and competencies worked within during their supervised experiential learning rotations. You will complete your logbook entries using the InPlace Software. If rotating >20 hours per week you should submit your logbooks weekly. If rotating <20 hours a week you should complete them monthly. Within the InPlace system, you can keep a draft of a logbook open and work within it at your leisure. Once you hit "submit", an email is generated on the Friday of that week to your preceptor. Your preceptor receives a link to your logbook and can then comment and approve or comment and tell you to revise.

The logbook includes a section for "activities" where a narrative should be written of the job activities performed including your thoughts and impressions. The number of hours worked for that week will be documented in the next section of the logbook. You are also responsible for completing the competency mapping form at the end of each rotation which allows you to document the competencies and Performance Indicators (PIs) which have been met during that rotation- it is advisable to copy the text from your logbook activities into the appropriate space on the competency map as you perform activities meeting that competency/PI- this way your map will be easily completed by the end of your rotation. It is very good practice to make sure the competencies selected are easily demonstrated by the narrative you have written in your activities section.

Accurate and complete logbooks and competency mapping forms are necessary because they are the main form of documentation for your SEL hours. Of the many things that IPND students do, only certain ones "count" towards the SEL requirement. The table below clarifies how to categorize your activities. Please note that rotation logs, evaluations and associated projects are integrated into the Nutrition Seminar courses and factor into the grade received there:

Community rotation->NUTR 700, FSM rotation-> NUTR 702,

Focused Nutrition Practice rotation -> NUTR 701 Clinical Nutrition (MNT) rotation->NUTR 703.

Count	Don't Count	
Breaks at sites, as part of the regular work week	Lunch or other meals at home, lunch break on site	
Meetings at sites, both staff meetings and in- service meetings	Seminar (except as noted on syllabus)	
Time at conferences	Reading/writing e-mails or texts unless part of an assignment from preceptor	
Activities on "road trips" with preceptor	Sleeping, socializing, etc. on road trips	
Completion of your logbooks (should not take more than 30 minutes- 1 hour per entry)		

When preceptors agree to host students from our program, many of them ask us to "send us the *very best* student(s) you have this year." So ALL of you should be our best student and consider yourself a representative of Hunter when you are out in the world.

This not only can have a positive effect on your career; it can also open doors for the students who will come after you. A preceptor who is pleased with the performance of the student they have this year, will want to come back to us, and maybe even increase the number of students she/he is willing to host each year.

# Thank you notes

IPND students are encouraged to thank their preceptors for the opportunity to work with them. Writing a thank-you note is a small but gracious way to repay kindness and to make sure that others feel appreciated. Moreover, your note of thanks provides tangible evidence of your appreciation. A thank-you note, especially one that is hand-written, will be appreciated, and long remembered, by those who have hosted you, helped you with a project, lent or given you materials, offered a sympathetic ear, or any other generous acts. The list of possibilities is boundless. For many people, receiving a note of appreciation usually pleases them far beyond the expectations of the note-writer. In fact, notes of thanks attain an almost trophy-like status and are often saved and displayed. While you may not feel that you can rise to the heights

of perfect prose, common courtesy, and consideration for the feelings of others demand that you always take the time to thank those who have spent time, money, or effort on your behalf.

The notes you write demonstrate your thoughtfulness, good manners, and classiness. By demonstrating your thoughtfulness and attention to detail, the recipient's good opinion of you is reinforced. What's more, you'll find that expressing your gratitude in writing comes with a surprising level of personal satisfaction.

Most people use decorated note cards, the kind you buy in boxed sets, for thank-you notes. Note paper, decorated or not, is also a good choice. Of course, you'll want **to write these notes by hand**, using either blue or black ink. Experts advise using cursive writing, not printing, unless your handwriting is very illegible. Some experts also advise that you begin your note on the bottom half of the note card if you are using the folding variety. If you want to use the whole page to show your appreciation, go ahead.

# **Graduating from the IPND Program**

# **Comprehensive Exam**

All students in the IPND are required to take a comprehensive exam to demonstrate understanding of the course materials. The exam is constructed in a multiple-choice format, similar in style to the national registration exam for dietitians. A passing score on the comprehensive examination is required to complete the IPND.

The exam is administered during the last (spring) term in one of the sessions of NUTR 780. It is a 2-hour,150-question multiple-choice test. A score of 75% is the minimum passing grade. A passing grade on the exam is a requirement of NUTR 780. As the exam is a required but non-credited portion of NUTR 780, the grade in the course is independent of the grade on the exam.

A student who passes the exam and successfully completes all the other requirements of NUTR 780 willreceive a letter grade for the course. Assuming all other graduation requirements are met, including SEL hours and assignments, the student will graduate at the end of the spring semester.

A student who does not pass the exam, will take a make-up exam in summer. Once again, a passing score of 75% is required. A student who passes the exam on the second try will receive a letter grade in NUTR 780 and, assuming all other graduation requirements are met, will be able to graduate at the end of the summer semester.

A student who does not pass the make-up exam will take time to study and will be given a third administration of the examination. The form of the exam will be determined by the IPND director. Apassing grade will allow the student to graduate.

A student who fails the comprehensive exam the third time will develop, with the IPND director, a suitable plan of action. The plan must be approved by the senior associate dean for academic affairs.

# **Degree(s) and Verification Statement Awarded**

Upon completion of the IPND curriculum, the graduate students will be awarded the MS degree as well as the FG verification statement; and the undergraduate students in the BS-MS track will receive both, their BS and MS degrees as well as the FG verification statement. Six verification statements with *original* signature are mailed to the students following the posting of their degree in CUNYFirst.

Upon receiving the Verification Statement students will be eligible to schedule a time to take the RDN credentialling examination.

# **Process for Obtaining New York State Certification (CDN)**

The New York State Education Department (NYSED) certifies dietitian/nutritionist (CDN) status to those who meet the qualifications. The Hunter IPND program meets the educational components for New York State Certification. The NYSED web site, <u>http://www.op.nysed.gov/prof/diet/</u> provides the most up-to-dateinformation and application procedures for this credential.

When completing the application please follow the directions below for FORM 2. Form 1 has recently been made available online.

**Form 2- Certification of Professional Education:** Complete section 1 indicating IPND as the program. Scan the completed form and email it to Dr. Navder with a cc to Corey Calinoff (<u>ccking@hunter.cuny.edu</u>)and make sure that the subject line states "**CDN Nutrition Certification Form2.**" We will forward the form to the Registrar's office; they will seal and mail it directly to the NYSED-OP address in Albany. Please allow 4-6 weeks for Albany to receive and process your application.

<u>Form 4C – Report of Planned Work Experience</u>: Complete section 1 indicating Hunter College as organization and 20 hours per week. In the Description field, add the following text:

"During my Integrated Program in Nutrition and Dietetics, my duties in the SEL included the provision of nutrition care services that included screening and assessment of nutrition needs and food patterns on patients, interviewing patients and counseling them on proper nutrition and diet necessary, based on their disease or medical condition, calculating TF, TPN and PPN needs, planning menus and evaluating the nutritional content of different menus to assure that patients/clients were receiving proper amounts of nutrients for their physical and nutritional needs, assessing food safety and sanitation of the kitchen, supervising food production and menu planning."

Scan the completed form and email it to Dr. Navder with a cc to Corey Calinoff (<u>ccking@hunter.cuny.edu</u>) and make sure that the subject line states "**CDN Nutrition Certification Form 4C.**" We will complete the form and mail it directly to the NYSED-OP address in Albany.

Note: NYSED does not require transcripts from approved programs but there are occasions when they are unsure of a school/program/educational course and will ask for a transcript to verify approval

# **Resources for Nutrition & Health**

American Public Health Association has many useful and interesting articles and linksposted. <u>http://www.apha.org/</u>

CDC covers epidemiological data through WONDER and NCHS; advises travelers on health precautions; lists job opportunities; publishes condition-based health information; and lists distance learning programs offered through the Public Health Training Network (PHTN). <u>www.cdc.gov</u>

Environmental Protection Agency (EPA) produces environmental information on a wide range of topics and links to other related organizations. <u>www.epa.gov</u>

FedWorld is a gateway to over 100 federal government Internet sites. www.fedworld.gov

Food and Drug Administration (FDA) provides professional and public information on drugs, food-borne illnesses, new devices, and links to related pages. <u>www.fda.gov</u>

National Health Information Clearinghouse of the Office of Disease Prevention Health Promotion, DHHSoffers information on ODPHP clearinghouses, publications (including Healthy People 2010), and proceedings for the Partnerships for Networked Consumer Health Information Conferences. <u>http://www.health.gov/nhic/</u>

US Dept Health & Human Services home page. http://www.hhs.gov/

National Institutes of Health (NIH) links to all its constituent institutes which provide health educationmaterials on diverse topics, including AIDS, aging, child health, communication disorders, cancer, genetics, and others. <u>www.nih.gov</u>

- National Center for Alternative and Complementary Medicine <a href="http://nccam.nih.gov/">http://nccam.nih.gov/</a> National Institute of Diabetes and Digestive and Kidney Diseases<a href="http://www2.niddk.nih.gov/">http://www2.niddk.nih.gov/</a> Health Resources and Services Administration <a href="http://www.hrsa.gov/">http://www2.niddk.nih.gov/</a>

http://www.nhlbi.nih.gov/ Maternal and Child Health Bureau http://www.mchb.hrsa.gov/

NIH Office of Rare Diseases <u>http://rarediseases.info.nih.gov/default.aspx</u> Weight Control Information Network<u>http://win.niddk.nih.gov/index.htm</u> Women's Health Initiative <u>http://www.nhlbi.nih.gov/whi/</u> NIH Office of Dietary Supplements <u>http://dietarysupplementdatabase.usda.nih.gov/index.html</u>

National Library of Medicine (NLM) provides free access to MEDLINEusing Internet Grateful Med, full text practice guideline documents, health services research resources, and environmental-toxicology information resources. <u>www.nlm.nih.gov</u>

New York Online Access to Health disseminates a wealth of topical health information, links to medical databases and Internet resources, and statistical data for NY in English and Spanish. <u>http://www.noah-health.org/</u>

PubMed for Medline searches of journals in the National Library of Medicine. http://www.ncbi.nlm.nih.gov/PubMed/

US Dept. Agriculture (USDA) home page contains important nutrition, child, and family information. www.usda.gov

USDA Agricultural Research Service includes food composition databases.

http://www.ars.usda.gov/Aboutus/docs.htm?docid=6300

International Food Composition Tables Directory<u>http://www.fao.org/infoods/directory\_en.stm</u>

American Medical Association provides articles from current issues of JAMA and other information. www.ama-assn.org

www.RD411.com provides resources and information by RDs for RDs on a variety of topics.

Cornell Cooperative Extension http://www.cce.cornell.edu/

Just Food, Community Supported Agriculture (CSA) in NYC <a href="https://www.justfood.org/csa/">www.justfood.org/csa/</a>

The American Botanical Council (ABC) – promotes science-based use of herbs. They publish Herbalgramnewsletter. There is also a link to an English Language version of some of the German Commission E Monographs. http://abc.herbalgram.org

# Networking

We have all heard about networking, and how much having a great network of people around you can be a great boost to your career. If you already have a collection of business cards and contact information, that is a good start. Who you know can be important, but perhaps even MORE important is who knows YOU? A good place to network is at professional meetings and conferences. Don't just stick with the people you know. Ask questions of the speakers, or organizers, or wait staff. People usually like to talk about what they do, or like, or even what they don't like.

# **Professional Meetings and Activities**

The faculty believe in providing opportunities that develop and enhance the professional growth of the student. Thus, as a matter of policy, students are encouraged to participate in professional meetings, conventions, projects, etc. The following activities are suggested: (1) student memberships in local, state,

and national professional organizations; (2) preparation, display, and presentation at professional meetings; (3) participation in National Nutrition Month activities; and (4) attendance and participation atany function in which new knowledge or the quality of professionalism is enhanced.

In promoting the above philosophy, students are encouraged to attend professional meetings of the Greater New York Dietetic Association and New York State Dietetic Association. If you live in Long Island or Westchester or Rockland Counties, look into the Long Island Academy of Nutrition and Dietetics (LIAND, formerly LIDA – Long Island Dietetic Association) or the Westchester/Rockland Dietetic Association (W/RDA). The faculty encourages students to also attend other nutrition-related meetings and seminars, which areoffered at times other than those that require the student to be in class or clinical experience. These aretypically announced on the NFS listserv.

# **Stress Management Resources**

Hunter College has a Behavioral Response Team (BRT) made up of a group of professionals dedicated to providing support and assistance to students in crisis or in distress Information including how to make referrals to BRT can be found here: <u>http://www.hunter.cuny.edu/brt</u> The many and varied demands of graduate school can cause students to feel stressed. Managing the daily stress level is ultimately up to each individual, but there are many resources available to help with this.

Balancing the demands of college and personal life can be challenging; The Hunter College Personal Counseling Services is available to help students handle this stress and pressure successfully and constructively. At times, just talking can make a difference; while other times, more intervention is needed. **The Office of Personal Counseling Services** strives to help students manage the demands of life through confidential and individualized personal counseling services. Licensed counselors are available to assist students in overcoming personal, academic, and/or crisis situations that could negatively impact their progress and success at Hunter College. Walk-in hours are Monday – Friday, 9:00am – 5:00 pm in Room 1123 East Building. For further office hours and or for appointments, please visit 1123 East Building or call (212) 772-4931.

# **How to Reduce Stress**

Many stresses can be changed, eliminated, or minimized. Here are some things you can do to reduce your level of stress:

Become aware of your own reactions to stress.

- Reinforce positive self-statements.
- Focus on your good qualities and accomplishments.
- Avoid unnecessary competition.
- Develop assertive behaviors.
- Recognize and accept your limits. Remember that everyone is unique and different.
- Exercise regularly.
- Eat a balanced diet daily.
- Talk with friends or someone you can trust about your worries/problems.
- Learn to use your time wisely:
- Evaluate how you are budgeting your time.
- Plan ahead and avoid procrastination.
- Make a weekly schedule and try to follow it.
- Set realistic goals.
- Set priorities.
- Practice relaxation techniques. For example, whenever you feel tense, slowly breathe in and out for several minutes.

#### Stress Management Resources On-line

http://health.discovery.com/centers/stress/index/stressindex.html http://www.nlm.nih.gov/medlineplus/stress.html http://www.mayoclinic.com/health/meditation/MM00623 http://blogs.yogajournal.com/audio/savasana.mp3

# **Additional IPND Program Policies and Procedures**

The policies and procedures detailed on the following pages are meant to supplement, and not replace, those outlined in both the **Graduate College Bulletin** and the **School of Public Health Student Handbook**.

# Statement of Nondiscrimination and equal opportunity

The Nutrition Program supports the policy of equal opportunity and Affirmative Action as set forth by Hunter College and the Board of trustees of the City University of New York. The Department of Nutrition and Food Science of The CUNY School of Public Health will treat all qualified students equally, without regard to age, gender, sexual orientation, alienage or citizenship, religion, race, color, national or ethnic origin, disability, veteran or marital status.

# **Student Regulations and Rights**

These statements are abridged. Complete CUNY statements regarding policies and procedures appear in the *Student Regulations and Rights* in the current Undergraduate Catalog and in the Office of the Dean of the CUNY School of Public Health.

### **Grades and Completion of Courses**

As required by Hunter, graduate students must maintain an overall GPA =>3.0 to remain in good academic standing. Grades range from A through F. Pass/Fail is available for Fieldwork only. **There is nocredit/no credit option for graduate level coursework.** 

**Incompletes:** Incompletes are the exception rather than the rule. You are expected to complete all course work and attain a grade by the end of each semester. If an extenuating circumstance prevents youfrom completing required coursework, you must request an incomplete (INC) from your instructor **prior to** 

the last scheduled class session. Extensions are granted at the instructor's discretion. If granted, ask your instructor to prepare a written contract stating the exact nature of the work to be completed, the deadline for completion, and the consequences for non-compliance. Such contracts must be signed and dated by you (the student) and the instructor, with a copy filed with the UPH office. (Note: This policy does not apply to Fieldwork related incompletes) Upon completion of the required coursework, your instructor willuse a paper Change of Grade Form (COG) to submit your final grade. Allow 2-3 weeks for the grade to appear on your transcript. Email your instructor (cc the UPH Administrative Coordinator) if the changed grade is not posted.

Following the last day of each semester, instructors have **3-4** weeks to electronically submit grades. Monitor your transcript within the month after classes and email your instructor and Program Director if you fail to receive a grade. In the event you do not receive a reply, email the UPH Administrative Coordinator. In all correspondence, it is important to include your legal name, EMPLID number, semester/year of the course and the instructor's name. **Note:** Those graduating within the given semesterMUST have all grades posted no later than the day BEFORE Commencement in order to graduate. Take necessary action at last two weeks before Commencement.

# **Academic Standing, Probation and Disbarment**

#### **Early Warnings**

The IPND director is notified by the course instructor if a student is struggling in a particular class and isdoing work averaging a C or below, or if a student's work shows a sudden decline, or if a student stops attending. The IPND director gets in touch with the student and alternative are discussed (official withdrawal, a grade of incomplete).

If your cumulative GPA falls below 3.0, you will be placed on academic probation at which time you may be disbarred from further study.

As an IPND student, you are required to maintain a cumulative GPA of 3.5 or higher.

If you find you are struggling during the early/mid part of a semester, it is <u>your responsibility</u> to speak with your instructor and advisor or Program Director. Program Directors understand unexpected life situations may have consequential impact on a student's academic success. Though not encouraged or expected of graduate students, Hunter allows students to <u>officially withdraw</u> from classes within the first ten weeks of each semester with instructor approval (see <u>Academic Calendar</u>). The resulting W grade is not calculatedinto one's GPA. On the other hand, an unofficial withdrawal after the College's official withdrawal deadlinewill result in a grade of F - effectively leading to probation and/or disbarment. In view of the severe consequences, we again say it is critical you speak with your instructor and faculty advisor well before theofficial withdrawal deadline. Note: there is no tuition refund should you withdraw from a course.

At the end of the semester

If your GPA falls below 3.0 you are required to immediately:

• Email and meet/speak with your faculty advisor

If your IPND Director believes you can meet and maintain academic requirements, s/he may request one semester of continued probationary study with conditions. Stipulated conditions must be met to continue toward the Master's. Failure to meet conditions will result in dismissal from the graduate program. You must provide a contract of the probation status agreement to the UPH Office for your student file and regularly inform your advisor of your progress.

**Probation and Registration:** The Registrar automatically bars those on academic probation from future registration and will drop courses for those who registered early for a future semester. To be approved forcontinued study, you must email the Dr. Khursheed Navder, Program Director. The email should include the grounds for your grade and a statement to justify continued study. Send a cc of this email to your Advisor. If your request is approved, the Dr. Navder will send a written request to the Registrar requestingclearance for re-registration with a probationary status. In the future semester, you must obtain a minimum 3.0 GPA, or you will be disbarred from the program.

**Disbarment:** In the event you have two consecutive semesters under a 3.0 GPA, Hunter, you will be officially disbarred from further study and all future registrations will be dropped. Should you wish to appeal this decision, complete and give the <u>Academic Dismissal Removal Form</u> to you Dr. Navder. If your appeal is granted, Dr. Navder will stipulate conditions which must be met for continued study. UPH will forward the Academic Dismissal Removal Form to the Registrar who, upon concurrence, will clear you for one semester future registration under "continued probation".

# Leave of Absence & Readmittance to Hunter

**To register your returning semester, call, meet with or email your faculty advisor during** early <u>registration advisement</u>, or well before late registration to reserve space inyour preferred classes. You will be unable to register if you fail to submit the required readmission form.

You must request a leave of absence in writing. Inform your faculty advisor and submit a <u>Request forLeave of</u> <u>Absence Form</u> to the UPH Academic Office. At least two months in advance of your return, submit a <u>Readmission Form</u> to Admissions to reactivate your Hunter record for registration. If any courses on your record are older than 4 <sup>1</sup>/<sub>2</sub> years, you must also <u>attach a time extension form</u>.

# **Maintenance of Student Records**

#### **Policy:**

Student records, including transcripts and Verification Statements, and rotation schedules will bekept indefinitely in an electronic format.

#### Procedure:

An electronic file will be created for each student at the time at which they start the Program. Application materials previously received from each student will be reviewed and placed into their respective files. Materials will specifically be inspected for presence of all academic transcripts with degrees conferred as appropriate, and completion of all prerequisites and admission requirements. If complete information has not yet been received, incoming studentswill be contacted and requested to provide this. Students will not be allowed to start the program until they have provided all the required documents to the Program Director of the SEL.

This procedure will be communicated to prospective students in the program's application materials, and to incoming students in the introductory materials sent to them prior to their arrival at the program. It will be reiterated in the Program's Handbook they are introduced to onthe first day of orientation. The current version of the handbook will be available from the program website.

The following documents will be retained on file for all Students in the Program:

- Official Transcript(s) with degree(s) conferred
- Application materials and contact information
- Insurance information
- Health verification and documentation
- Background check results
- Rotation schedules
- Evaluations
- Verification Statements
- Name/Address Verification Form

# Liability & Medical Coverage for Dietetic Students Policy:

All students in the Integrated Program for Nutrition and Dietetics are required to obtainprofessional liability insurance and medical insurance prior to starting the Program and must maintain it throughout the program duration.

#### Procedure:

Students are responsible for securing their own professional liability insurance and medical insurance for coverage during the course of the Integrated Program in Nutrition and Dietetics Program.

All dietetic students will provide proof of professional liability insurance and medical insurancecoverage prior to the start of the Integrated Program in Nutrition and Dietetics Program, and at the start of each new year while they are in the Program. Proof that either insurance policy is current must be provided by the student within 1 business day upon request at any point in timethroughout the program.

Professional liability insurance can be obtained through Proliability/Mercer Consumer, for whichAND members can use the organization's discount. It is required that each student has a policy that covers a minimum of \$1,000,000 each incident/\$3,000,000 aggregate.

If a student is injured or becomes ill while on duty, he/she will be treated at the nearest emergencycare center at the intern's expense.

Students are responsible for their own safety in travel to and from assigned rotations during the course of the Integrated Program in Nutrition and Dietetics Program.

# **Confidentiality of Student Records**

#### **Policy Statement:**

Board of Trustees guidelines and the Federal Education Rights and Privacy Act (FERPA) of 1974 permit only specific information concerning current and former students to be made available to those parties who have a legitimate interest in the information.

No information from the student's personnel record, other than name, job title and an inclusive date of study is to be released without written consent of the student or a court order. The personnel record may be examined only by the student and by faculty/preceptors of the IntegratedProgram in Nutrition and Dietetics who are or could become responsible for supervision of the student.

Student records that are protected include all reports of disciplinary action (including records oforal and written warnings), all performance evaluations and supporting documentation, and attendance and employee health records.

#### Access to Confidential Records Procedure

By filing a letter with the Nutrition Program, a current or former student may request that any orall of the above information not be released without the student's prior written consent. This letter may be completed, withdrawn or modified at any time.

Students may have access to their records by submitting a request in writing to the Program Director. The Director will inform the students when and where records may be inspected. Faculty/preceptors are permitted to review the personnel records of their students.

**Note**: It is the responsibility of all preceptors to inform their students of this policy and to adhere it. It is the responsibility of the Integrated Program in Nutrition and Dietetics Director to administer this policy.

### **Student Photo Identification**

#### **Policy:**

An initial Photo ID will be issued to all enrolled students free of charge. The student photo I.D.will allow entrance and use of the college library and other facilities. All students are required

to show their Hunter College Photo ID at all times when entering the college and transacting college business. Although Hunter College maintains an open school policy, students entering the campus are required to present their current ID to gain access. A replacement ID will be available at a nominal fee. Appropriate identification will be required before issuing a student I.D.
#### **Procedure:**

Students obtain their ID card, the Hunter OneCard, in the beginning of the semester in the West Building Lobby entrance of the building at 68<sup>th</sup> Street, or in the Hunter West 203Lobby at other times in the semester. Regular hours are Monday through Friday 9 am to 5 pm (excluding holidays). All students must have their current semester bursar receipt in addition to another form of photo identification.

Newly admitted students receive their first I.D. free of charge during their first semester. See <a href="http://www.hunter.cuny.edu/it/it-services/onecard">http://www.hunter.cuny.edu/it/it-services/onecard</a> for more information.

# **Drug Testing and Criminal Background Checks**

#### **Policy:**

Students comply with the drug testing and/or criminal background checks required by any of therotation sites. Since some sites require for such check to be obtained by the school, the Programmay require students to drug testing, criminal background checks, or both. Records obtained from such checks are kept confidential, with the student's records.

#### **Procedure:**

Upon request, students provide any required information and/or test results, also including butnot limited to fingerprinting, blood or urine specimens.

# **Preceptor and Rotation Site Selection**

#### **Policy:**

Appropriate rotation sites and qualified preceptors are recruited and retained.

#### **Procedure:**

Utilizing the ACEND Accreditation Standards for Demonstration Programs in Nutrition & Dietetics and the Core Competencies for the RDN, along with input from students and program alumni as guidelines, preceptor recruitment and retention is continuous and ongoing.

### **Criteria and Process Used to Select Preceptors**

#### <u>Criteria:</u>

- 1. Sites must have an ongoing nutrition program or activities with a specific plan of activities for the intern(s) they plan to host.
- Preceptors must hold a current RDN credential with at least 1 year of experience for clinical rotations. For community and foodservice rotations, RDN credential is desirablebut not required. Preceptors must have a degree or certification in a dietetics related fieldwith 1 year of experience or equivalent work experience without degree or certification.
- 3. Prospective preceptors must have a good reputation within their field of expertise as evidenced by past performance or verification from supervisor/manager/director/co- workers.
- 4. Prospective preceptors must demonstrate the desire to take on the extra responsibility of students.
- 5. Prospective preceptors must demonstrate excellent communication skills orally and inwriting and collaborate with Director of the SEL on a continual basis.
- 6. Prospective preceptors must understand and ascertain that rotating students must not replace employees.

7. Preceptors and their associated host site must complete the affiliation agreement process before hosting students. The Affiliation Agreement delineates the rights and responsibilities of both parties and must be signed by individuals with institutionally assigned authority. A signed copy of the completed agreement will be held by both the Hunter IPND and site and must be in advance of placing students.

#### Process:

Each year students evaluate each rotation / preceptor on the following criteria:

Professionalism, Support/Encouragement of Learning, Mentorship, Respect for Intern,Organization of the Experience, Expertise, and Teaching Ability

Once a preceptor is chosen that fits the above criteria, including the completion of Hunter's affiliation agreement process, they are given a trial period through oneacademic year. Based on the evaluations and feedback from students and communication or issues that may have arisen, a determination is made as to whether this preceptor will be allowed to continue. Preceptors must maintain an overall "satisfactory" rating from 80% of students in order to remain with our program.

## **Program Length & Breakdown**

The studentship begins with an orientation to the program.

Orientation activities include:

- Overview of the School and Program
- Review of the Handbook including policies and procedures
- Collection and review of all required documents (if not previously submitted)
- Paperwork for first rotations (assignments, schedules, processing throughvorter office)
- Semester schedule (mandatory meetings, seminar dates, etc.)
- Overview of SEL rotations (what to expect, professional conduct, pre-rotation assignments and curriculum, journals, competencies, evaluations)

# **Program Schedule**

The Integrated Program in Nutrition and Dietetics runs from the first day of the fall semester fortwo years, through all sessions of the Academic year. The program consists of a minimum of 1050 hours of SEL, 41 credits of academic coursework, and 100 hours of didactic instruction (classroom and on-line) in the SEL rotation associated seminar for a total of 12 credits, over the course of 2-3 years.

Vacation time of four weeks per Academic year will be according to the CUNY academic calendar (available at <u>http://registrar.hunter.cuny.edu/subpages/academic calendar.shtml</u>) unless arranged otherwise with the Integrated Program in Nutrition and Dietetics Director and preceptor(s). The SEL rotations are scheduled during the winter intersession, spring recess and may also be scheduled during the summer. Field visits and attendance at professional meetings will be coordinated during theyear and compensatory time will be arranged as appropriate. Time off for religious holidays/observances can be arranged according to the policy and procedures of the facility andwith the approval of the Integrated Program in Nutrition and Dietetics Director.

A leave of absence may be granted in extenuating circumstances. It must be agreed upon in writing between Program Director and student, and carry a clear end date of the agreement, by which time reassessment of the situation must occur.

# Withdrawal & Refund of Tuition

### **Policy:**

Any student who chooses to withdraw from the program or from a course will receive a refundin accordance with the schedule outlined in the Bursar's website.

#### Procedure:

As of June 1994, three diverse refund policies were implemented for CUNY students. They areCUNY, Federal Pro Rata refund and Federal other than Pro Rata refund. The latter two refund policies apply only to Federal Financial Aid recipients. Students should refer to the Bursar's website for deadlines and explanations of these procedures. http://www.hunter.cuny.edu/bursar/tuition-fees/refunds

# **Student Compensation Practices**

### **Policy:**

The IPND does not offer paid compensation for SEL rotations. Some rotation sites may offer stipends to students, depending on location and experience.

# **Deadlines for Program Course Completion**

All course assignments and activities should be completed by the end of the second spring session in on the 2year path and by the end of the third spring if on the 3-year path. Under extenuating circumstances, an IPND student may be allowed to complete assignments after the last day of that spring session, with permission from the Program Director.

# **Evaluation of Students for Acquisition of Required Competencies**

### **Didactic Coursework**

### **Policy:**

Student progress in didactic coursework shall be monitored by course instructors, and insufficient progress or performance of astudent in a specific course shall be communicated to the Program Director when it becomes evident. Summative and formative evaluation of student performance related to competencies and their respective performance indicators is evaluated at the end of each semester.

#### **Procedure:**

Learning goals for each course are defined in the syllabus, along with learning outcomes measures. Course instructors evaluate student progress throughout the semester, following their respective course plan. Any concerns about insufficient progress or performance of a student is discussed with the Program **Detr** at or around the monthly Nutrition Program Faculty meeting or as soon as it becomes evident.

The faculty member and the Program Director will determine possible remedial action to be taken, including use of the College's support services like the Writing Center, and recommendation of tutoringservices as applicable.

Evaluation of the overall performance of each student is performed at the end of each semester, when grades are entered.

## **SEL Rotations and Seminars**

#### **Policy:**

Student progress in SEL rotations and associated seminars shall be measured using a variety of strategies during and at the conclusion of the program to verify competence.

#### **Procedure:**

The following practices will be used throughout the program to verify student competence:

- Preceptor Evaluations
- Logbooks are reviewed by the seminar course instructors.
- Practice-based Assignments tailored to reflect and expand upon rotation-based experiences- \*some of these assignments may count towards logged hours based on instructions from seminar course instructor and SEL Director.

Students must successfully complete each rotation's minimum hour requirements and track their hours using the programs required logbooks methodology. Students must also complete the competency mapping assignment for each rotation. Students must also receive an average score of 3 or better on the 5-point scale used in each rotation's final preceptor evaluation instrument to measure competence towards the rotation's associated performance indicators. This score factors into the seminar course grade, a grade of 80% or better is required for every SEL seminar course to convey competence in each course's designated competencies and performance indicators.

If a student appears to not be meeting desired competency level the seminar instructor, preceptor, and SEL director will be brought in to discuss remediation plan as needed.

If a student has been approved for PAL hours for a specific SEL rotation, the seminar instructor will be notified. The approved hours will be tracked as well as a "passing" preceptor rotation evaluation grade and contribute to the assessment of that student's performance and grade in the SEL rotation associated seminar course.

# **Program Completion Requirements of the IPND**

### **Policy:**

Students must maintain an average GPA of 3.0 throughout the program in accordance with Hunter College Graduate Policies, students will meet all SEL requirements and comply with all policies, procedures, and standards of professional behavior forgraduation from the program.

### **Procedure:**

Students will complete a minimum of 53 credits of the Program Coursework and seminars 1050 hours of SEL rotation hours established by the Integrated Program in Nutrition and Dietetics of the Nutrition Program in the CUNY School of Urban Public Health.

If an instructor finds that a student has not obtained required level of competence on an evaluation instrument, the student will be given additional assignments, projects or other work and then be reevaluated on the relevant material. If competence is not obtained through the remediation plan, the student will complete another week of the rotation or other relevant work prior to being re-evaluated for the third time.

Failure to complete the activities described in the remedial action plan will result in a student being notified that they will be able to graduate with the master's degree (as long as minimum GPA requirement of 3.0 is met) BUT will not receive a verification statement.

### Verification Statement & Registration Exam

Upon successful completion of all program requirements, students will be provided six (6) Verification Statements. Original Verification Statements may be required for transfer of AND Membership status from Student to Active member, licensure/certification and employment. Students should retain a personal file copy for future use. Additional Verification Statements will be available from the Program Director upon request.

Students who successfully complete the Integrated Program in Nutrition and Dietetics Program by achieving the program goals, abiding by the program policies, and reaching the expected level of competence for dietetics practice will receive a Registration Eligibility Application Name/Address Verification Form and instructions. The Commission on Dietetic Registration (CDR) copy is to be completed and returned to the Program Director. The Program Director will forward the Computerized

Registration Eligibility Application to CDR once their degree has been posted. It is the responsibility of each IPND student to complete the application from PearsonVue, provide the required fee, and schedule an examination appointment.

Students who have not completed all program requirements will not be given Verification Stenets, nor will their names be submitted to CDR to sit for the RD Exam.

### Conduct

#### **Policy:**

All students are expected to abide by the policies and procedures of the Hunter College Nutrition Program, its affiliates, rotation sites, and the Academy of Nutrition and Dietetics (AND).

#### **Procedures:**

Upon entry to the Program, each IPND student will be introduced to the Student Handbook, which includes policies and procedures for conduct, ethics, program operation, and student performance. Students are expected to read and follow the policies, procedures and performance requirements of theHunter College Integrated Program in Nutrition and Dietetics, the affiliations, Hunter College and the Academy of Nutrition and Dietetics.

#### **Policy:**

All students shall conduct themselves in a respectful and professional manner in all settings throughout the Program.

#### **Procedures:**

Whereas students are entering into the work environment of their preceptors for the purpose of learning from them, and meeting the competencies required by the studentship, in is incumbent upon them to treat every preceptor as a valued teacher, regardless of the rotation or work site.

Students are expected to be respectful of the policies and norms of behavior in each work setting. (For example, the usual way to answer the office telephone, the locations where it is acceptable to eat or drink, lunch and break times, etc.)

Students should accept any and all assignments from preceptors, provided such assignments are not illegal or dangerous. Bearing in mind that "scutt" activities (such as filing or making photocopies) performed by students can free up more of the preceptor's time for more substantive discussions and teaching at a later point in the day.

Students should refrain from personal telephone conversations and/or texting while on duty at any rotation site.

Students should avoid engaging in office politics and unprofessional discussions or gossip.

# **Support Services for Dietetic Students**

#### Policy:

The Integrated Program in Nutrition and Dietetics Program within the Nutrition Program of the CUNY School of Urban Public Health ensures that all dietetic students have the appropriate support services available during the program.

#### **Available Support Services:**

Reference texts, manuals, curricula, documents, and relevant articles are held in the Nutrition Program of the CUNY School of Urban Public Health and/or the library and are available for study and review by the students.

Educational technologies can be obtained through the Office of Instructional Computing and Information Technology (OCIT).

#### Counseling and Wellness Services

Wellness Services at Hunter College offers a range of clinical services, as well as health-related activities, information, and resources that are responsive to the needs of students.

If you find yourself struggling with your mental or physical health this semester, please feel free to approach me. I try to be flexible and accommodating, and I am committed to helping connect you to support services available. <u>Counseling and Wellness Services</u> are available to all students in need of help in Room 1123, East Building, Hunter College, email: <u>PersonalCounseling@hunter.cuny.edu</u>, (212) 772-4931.

Library Support is found here https://library.hunter.cuny.edu/ask-a-librarian

Reference texts, manuals, curricula, documents, and relevant articles are held in the library and are available for study and review by the students

Financial Aid Services is found here https://hunter.cuny.edu/students/financial-aid/

### Student Housing Services is found here http://www.hunter.cuny.edu/livingathunter

Student Affairs Services is found here http://www.hunter.cuny.edu/livingathunter and includes the office of Accessibility,

Athletics, Recreation and Intramurals, Children's Learning Center, Career Development Services, Counselling and Wellness,

Financial Aid, International Students Office, the Registrar, Scholarships and Grants, the Office of Student Conduct, The Center for Student Achievement and the Testing Center among other resources.

### Student Housing Services is found here http://www.hunter.cuny.edu/livingathunter

### Technology Support is found at (212) 650-3624 or e-mail studenthelpdesk@hunter.cunyy.edu

Educational technologies can be provided through the Office of Instructional Computing and InformationTechnology (OCIT)

# **Conflict Resolution/Complaint Procedure for Students and Preceptors**

#### **Policy:**

All dietetic students and preceptors have the opportunity through a conflict resolution process to resolve Integrated Program in Nutrition and Dietetics Program-related problems. The conflict resolution process refers to the means by which the Nutrition Program facilitates acceptable relations between students and Integrated Program in Nutrition and Dietetics associated professionals. The process is a coordinated effort by all involved and its outcome is focused on improved understanding.

#### **Conflict Resolution Procedure for students:**

The students are encouraged to voice their concern to the course instructor or rotation preceptor.

If the issue is not resolved with the course instructor or preceptor, or the conflict involves the course instructoror preceptor, the IPND student is encouraged to discuss the issue with the IPND Program Director and/or IPND SEL Director.

If these usual procedures prove to be inadequate and moving beyond the Director of the IPND becomes necessary, the complaint can be made (with anonymity ensured) to the Ombuds Officer (ombuds@hunter.cuny.edu) of the Hunter College Senate, who undertakes independent investigation and may recommend action to any officer, committee, or organization of the College.

If this appeal fails to resolve the issue, and the issue involves non-compliance of the Program with ACEND Standards, the student may file a complaint with ACEND.

### **Conflict Resolution Procedure for preceptors:**

Preceptors are encouraged to voice their concerns to students early and seek remediation actions while student remains in rotation, if possible.

If the issue is not resolved with the student, or if the preceptor prefers, the preceptor is encouraged to discuss the issue with the IPND SEL Director and if necessary, the IPND Program Director as well. If the issue is still not resolved the preceptor may seek to discuss the complaint with the IPND Program Director's immediate supervisor as well.

If the issue involves non-compliance of the Program with ACEND Standards, the preceptor may file a complaint with ACEND.

# **Attendance/Tardiness Guidelines for Students at Rotation Sites**

### **Policy:**

All dietetic students are responsible for maintaining acceptable attendance and punctuality. Students who do not maintain acceptable standards of attendance or punctuality may compromise the quality of their education and ability to remain within the program.

#### **Specific Requirements:**

Students in rotations are expected to be at their assigned rotation (ready to work) by their designated start time. Students failing to do so are considered tardy. Multiple instances of tardiness may result in a preceptor declining to continue rotation with student. Students being removed from a rotation will need to meet and determine next appropriate steps with the IPND Program Director and SEL Director- steps may include delayed next placement and altered timeline through program.

# **Disciplinary Action**

#### **Policy:**

All students are expected to achieve and maintain the standards of performance, practice, conduct and proficiency as outlined by the Integrated Program in Nutrition and Dietetics, Hunter College and the Academy of Nutrition and Dietetics. When standards and policies are not being met, disciplinary action may be imposed. Disciplinary action is defined as a corrective measure or penalty action taken against an IPND student for cause involving ineptitude, inefficiency, or misconduct.

#### **Procedures:**

The Program Director will monitor students' conduct and performance via personal observation andfeedback from faculty and preceptors. When a problem is identified with a student's conduct or

performance, the Program Director will first verbally counsel the IPND student in an attempt to correct the problem. If problem occurred in rotation, preceptors may elect to dismiss student from rotation after first offense depending on severity.

If the problem continues, disciplinary action will follow. For first offenses that are severe infractions and result in probation, suspension or dismissal disciplinary action will be administered versus verbal counseling. Table 1 lists Disciplinary penalties.

The IPND Director will collect all facts leading to disciplinary infractions, including data and student/preceptor interviews. Disciplinary actions of admonishment and first probation do not require Committee review. Second probation and dismissal penalties will be brought before the disciplinary committee.

The IPND Director will present the student with a disciplinary memo. The original signed copy of the memo will remain in the student's folder. The copy with original signatures (IPND Director and student) will be handed to the student. If the student refuses to sign the notice, the IPND Director will sign and date that line with notation "student refusal to sign." If the student refuses to accept the notice, it will be mailed to the student's address of record return receipt requested. These memos will be kept and may becommunicated electronically. Email acknowledgment of the memo will serve as acceptance of notice, andan email expressing agreement with the memo will serve as signature. These emails will be kept electronically.

A student may appeal admonishments and probation decisions to the Provost of Hunter College inwriting.

### Table of Examples of Disciplinary Penalties for Offenses at Rotation Sites, and Instructions ForUse of Table

- The range of penalties indicated in this table is to be used as a guide in administeringdiscipline to help assure that like disciplinary action is taken for like offense.
- 2. In using this table, consideration will be given to the following:
  - a. The table is designed to be sufficiently broad to include most types of offenses. For other offenses, appropriate penalties may be prescribed by disciplinary officials for application within their jurisdiction, consistent with the range of penalties for comparable offenses listed in the table.
  - b. This guide does not cover all offenses for which disciplinary penalties are expresslyprovided by law or Civil Service regulations.
  - c. When a student has committed a combination or series of offenses, a greater penalty than is listed for a single offense is appropriate.
  - d. Disciplinary penalties will generally fall between the ranges indicated in the guide, but in unusual circumstances greater or lesser penalties may be imposed.
- 3. Definitions

Admonishment/Warning: (Adm)	Written reprieve of a single infraction with warning against repetition.Repetition may result in probation.
Probation:	Written notice of probation for repeated offenses of a similar nature. Based on seriousness and number of offenses can lead to suspension.
(Prob)	
Suspension:	Written notice with enforced temporary absence from duty as aresult
(Susp)	of repeated offenses beyond probation. Time lost will have to bemade up.
Dismissal:	Dismissal from program for infractions beyond suspension penalty.
(Dism)	

#### TABLE OF DISCIPLINARY PENALTIES

Offense	1 <sup>st</sup> Offense	2 <sup>nd</sup> offense	3 <sup>rd</sup> offense
1. Repeated, unexcused lateness	Adm	Prob	Susp
2. Unauthorized absence (failure to report for duty or leaving rotation without authority during on duty hours	Adm	Prob	Susp
<ol> <li>Willful carelessness, negligence or endangering patient safety in patient care</li> </ol>	Adm – Prob	Prob-Susp	Dism
4. Deliberate failure or inexcusable delay in carrying out instructions of duties	Adm – Prob	Prob-Susp	Susp - Dism
5. Abuse of patients, beneficiaries, peers, faculty, verbally or physically	Susp	Susp – Dism	Dism
6. Substance abuse on duty	Susp	Dism	

<ol> <li>Insubordination – intentional/deliberate refusal to carry out duties or instructions; insolent/abusive/obscene language/behavior toward faculty, Director or others</li> </ol>	Prob	Susp	Dism
8. Theft – actual/attempted theft of government or personal property of others	Prob – Susp	Susp – Dism	Dism
<ol> <li>Falsehood – Intentional falsification, misstatement, or concealment of material fact in connection, inquiry or other proceedings; willfullyforging or falsifying government records or documents</li> </ol>	Adm – Prob	Prob – Susp	Susp - Dism

# **Institutional Policies**

For more information on Hunter's institutional policies please follow this link related to:

Accessibility Academic Integrity/Plagiarism Course Withdrawals & Grading including the credit/no credit option Grade Incompletes Grade Appeals Sexual Misconduct

For Hunter's Graduate School Academic Policies and Regulations please follow the link below https://hunter-graduate.catalog.cuny.edu/policies/academic-policiesregulations/academic-policies-regulations

# **CUNY Student Disciplinary Procedures**

### **Complaint Procedures:**

Any charge, accusation, or allegation which is to be presented against a student, and, which if proved, may subject a student to disciplinary action, must be submitted in writing in complete detail to the office of the dean of students promptly by the individual, organization, or department making the charge. The chief student affairs officer of the college or his or her designee will conduct a preliminary investigation in order to determine whether disciplinary charges should be preferred. That officer advises the student of the charge(s) against him or her, consult with other parties who may be involved or who have information regarding the incident, and review other relevant evidence.Following this preliminary investigation, the student affairs officer takes one of the following actions:

dismiss the matter if there is no basis for the allegation(s) or the allegation(s) does not warrant disciplinary actions, refer the matter to conciliation, or prefer formal disciplinary charges.

**Conciliation Conference:** The conference shall be conducted by the counselor in the office of the dean of students or a qualified staff or faculty member designated by the student affairs officer.

**Appeals:** An appeal from the decision of the faculty-student disciplinary committee may be made to the president who may confirm or decrease the penalty but not increase it. His/her decision shall be final except in the case of dismissals or suspension for more than one term. An appeal from a decision of dismissal or suspension for more than one term may be made to the appropriate committee of the board. Any appeal under this section shall be made in writing within 15 days after the delivery of the decision appealed from. This requirement may be waived in a particular case for good cause by the president or board committee as the case may be. If the president is a party to the dispute, his/her functions will respect to an appeal shall be discharged by an official of the university to be appointed by the chancellor.

**Committee Structure:** Each faculty-student disciplinary committee shall consist of two faculty members and two student members and a chairperson. A quorum shall consist of the chair and any two members. Hearings shall be scheduled at a convenient time and efforts shall be made to insure full student and faculty representation

# **Non-Retaliation**

Any student who reports suspected fraudulent activity, in good faith, shall be protected against any retaliation for making such a report. The reporting member of the campus community shall refrain from confrontation with the suspect, further examination of the incident, or further discussion of the incident with anyone other than the student's supervisor or others involved in the resulting review or investigation.Persons found to be making frivolous claims under this Policy will be disciplined, up to and including expulsion from the System for a student.

# **Americans with Disabilities Act**

Section 504 of the Rehabilitation Act of 1973 states that not otherwise qualified handicapped individual in the United States shall, solely by reason of his handicap, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance. \* Enforcement and remedy of grievances are under the jurisdiction of the Office of Civil Rights. The 1990 Americans with Disabilities Act (ADA), greatly expands the provisions of the Rehabilitation Act, extending its jurisdiction to employment, covering businesses that employ 15 or more persons, public services (including transportation and public accommodation), work settings that employ more than 15 persons, and telecommunications services. Enforcement is under the jurisdiction of the Department of Justice.

The function of the ADA/504 Coordinator at Hunter is to make sure that the provisions of the laws are fully implemented, to advise on issues of reasonable accommodation, and to hear complaints. The Section 504 Coordinator for the Disabled is located in the West Building, Room 1425A, and can be reached at 772-5061.

### Americans with Disabilities Act - What it Means for Students

The Americans with Disabilities Act gives civil rights protections to individuals with disabilities similar to those provided to individuals on the basis of race, color, sex, national origin, age, and religion. It guarantees equal opportunity for individuals with disabilities in public accommodations, employment, transportation, State and local government services, and telecommunications.

Employment (and academic program) discrimination is prohibited against "qualified individuals with disabilities." This includes applicants for employment, employees, and students. An individual is considered to have a "disability" if s/he has a physical or mental impairment that substantially limits one ormore major life activities, has a record of such an impairment, or is regarded as having such an impairment.

These must substantially limit major life activities such as seeing, hearing, speaking, walking, breathing, performing manual tasks, learning, caring for oneself, and working. An individual with epilepsy, paralysis, HIV infection, AIDS, a substantial hearing or visual impairment, mental retardation, or a specific learning disability is covered, but an individual with a minor, non-chronic condition of short duration, such as a sprain, broken limb, or the flu, generally would not be covered.

The second part of the definition protecting individuals with a record of a disability would cover, forexample, a person who has recovered from cancer or mental illness.

The third part of the definition protects individuals who are regarded as having a substantially limiting impairment, even though they may not have such an impairment. For example, this provision would protect a qualified individual with a severe facial disfigurement from being denied employment becausean employer feared the "negative reactions" of customers or co-workers.

A qualified individual with a disability is a person who meets legitimate skill, experience, education, orother requirements of an employment position that s/he holds or seeks, and who can perform the

essential functions of the position with or without reasonable accommodation. Requiring the ability to perform "essential" functions assures that an individual with a disability will not be considered unqualified simply because of inability to perform marginal or incidental job functions.

Applicants to the program who have a disability must meet all **the same qualifications** as those without adisability. Reasonable accommodation is any modification or adjustment to a job or the work environment that willenable a qualified applicant or employee with a disability to participate in the application process or to perform essential job functions. Reasonable accommodation also includes adjustments to assure that aqualified individual with a disability has rights and privileges in employment equal to those of employeeswithout disabilities.

*Employers (educators, preceptors) are <u>not required to lower quality or quantity standards as an accommodation;</u> nor are they obligated to provide personal use items such as glasses or hearing aids.* 

An employer is only required to accommodate a "known" disability of a qualified applicant or employee. If the individual does not request an accommodation, the employer is not obligated to provideone except where an individual's known disability impairs his/her ability to know of, or effectively communicate a need for, an accommodation that is obvious to the employer. If a person with a disability requests, but cannot suggest, an appropriate accommodation, the employer and the individual should work together to identify one.

The individual with a disability requiring the accommodation must be otherwise qualified, and the disability must be known to the employer. In addition, an employer is not required to make an accommodation if it would impose an "undue hardship" on the operation of the employer's business.

"Undue hardship" is defined as an "action requiring significant difficulty or expense" when considered in light of a number of factors. These factors include the nature and cost of the accommodation in relation to the size, resources, nature, and structure of the employer's operation.

An employer is not required to reallocate essential functions of a job as a reasonable accommodation.

Students who need accommodation of a disability must inform the IPND Director of their disability, and provide medical documentation of this, prior to beginning the program, along with their request for "reasonable accommodation" that, if given, will allow them to success ully complete all course requirements.

Adapted from: ADA Questions and Answers, U.S. Dept of Justice.

http://www.ada.gov/publicat.htm#Anchor-14210