



# NFS Curriculum Outline

Take any 8 NFS Courses (24 cr.)

## NFS Major Courses

NFS 33200: Cultural Foods  
NFS 34100: Advanced Nutrition  
NFS 34200: Nutrition through the Life Cycle  
NFS 36100: Food Policy  
NFS 40200: Research Methods  
NFS 40300: Nutrition for Exercise & Sport  
NFS 41306: Obesity: Etiology, Prevention, Treatment  
NFS 44100: Community Nutrition  
NFS 44351: Practicum  
NFS 49000: Honors in NFS  
PH 30100: Intro to Public Health  
PH 33000: Epidemiology  
BIO 28000: Nutritional Biochemistry

Other courses approved by NFS advisor

# HUNTER

The City University of New York

## Job Opportunities

Provide general nutrition education focused on overall wellness, health promotion and disease prevention in diverse settings

- Corporate Wellness
- Health Clubs; Health Coach
- WIC Nutrition Educator/ Child Nutrition Programs
- Grocery Store Chains
- Food Service Industry
- Youth Centers (YMCA)
- Health Department and Agencies
- Food Industry
- Food and Nutrition Journalism: writing media, newsletters

For additional inquiries, contact  
[nutrition@hunter.cuny.edu](mailto:nutrition@hunter.cuny.edu)



## Accelerated BS/MS 149 credits

The accelerated BS-MS allows students to complete both degrees within five vs six years, based on full-time study.

Completion of the the BSMS satisfies the academic and supervised practice requirements and qualifies graduates to sit for the RD exam leading to the Registered Dietician (RD) credential.

The accelerated pathway is for select current NFS majors at Hunter who maintain a GPA of at least 3.5 and prerequisite GPA of at least 3.2.



## Nutrition & Food Science (NFS)

**Bachelor of Science (BS)  
& Accelerated (BS/MS)**

# Nutrition & Food Science

The Nutrition and Food Science (NFS) major is a comprehensive study of the fundamentals of nutrition, food science, community nutrition education, developmental nutrition, research methods/epidemiology, and nutrition for sports and exercise. The major is designed for students inclined toward the physical and biological sciences, and concerned about the health and nutritional well-being of people and communities. The academically rigorous curriculum also prepares students interested in further study, particularly in nutrition, scientific research, social work and other allied health professions.



- What is the metabolic role of key macro- and micro-nutrients?
- What are the common nutritional concerns for different lifecycle stages?
- What are the best dietary plans to enhance fitness and sports performance?

## ADMISSIONS REQUIREMENTS:

- General Chemistry
- Organic Chemistry
- Statistics

Once you are admitted to the NFS major you will take the following courses:

- Anatomy & Physiology 1 with Lab
- Anatomy & Physiology 2 with Lab
- Microbiology
- Intro to Food Science
- Intro to Nutrition

- Minimum 30 credits upon application
- Must have earned grade > C in Science/Stat prerequisites & > B in NFS prerequisites
- Minimum cumulative GPA of 2.8

## APPLICATION PROCESS

Admission to the major in Fall or Spring semesters

Hunter Students & Transfer Students:  
Submit an online UPH NFS departmental admissions application on the UPH website

Transfer Students: Submit a CUNY Undergraduate Transfer Application online.

CUNY Admissions will inform applicants of the admittance decision by mid-December for Spring or mid-April for Fall.

Prospective students can attend an information session to learn more!

Info sessions are offered during both Fall and Spring semesters. Dates are listed on the [UPH website calendar](#).

