



NW Curriculum Outline

Take any 9 NFS Courses (27 cr.)

- NFS 33200: Cultural Foods
- NFS 34200: Nutrition & Human Development
- NFS 36100: Food Policy
- NFS 40200: Research Methods
- NFS 40300: Nutrition for Exercise & Sport
- NFS 41306: Obesity: Etiology, Prev, Treatment
- NFS 44100: Community Nutrition
- NFS 44351: Practicum
- PH 30100: Intro to Community & Public Health
- PH 32800: Public Health Biology
- PH 33000: Intro to Epidemiology
- NFS 49000: Honors in NFS

Other courses approved by NW advisor



Job Opportunities

Focus on the role of food and nutrition in health promotion and disease prevention by developing education resources and implementing programs and policies in various settings such as:

- Corporate Wellness
- Food and Nutrition Journalism: writing media, newsletters
- Food Industry
- Food Service Industry
- Grocery Store Chains
- Health Clubs; Health Coach
- Health Department and Agencies
- Hunger Prevention
- WIC Nutrition Educator
- Youth Centers (YMCA)

For inquiries contact:

nutrition@hunter.cuny.edu



UD: 202302

Nutrition & Wellness (NW)

Bachelor of Science (BS)

Nutrition & Wellness

The Nutrition & Wellness major in the School of Urban Public Health is a diverse program that prepares students to apply nutrition knowledge towards the improvement in health of populations in non-clinical settings. The curriculum gives students the opportunity to take a variety of courses such as Nutrition through the life cycle, Community nutrition, and Epidemiology. This major will prepare students to actively engage in ever-changing health and wellness environments, whether it be public or private.



Hunter Students & Transfer Students:

Submit an online UPH NFS departmental Admissions application open on our UPH website

Prospective students are encouraged to attend an information session typically offered in early Fall and Spring semesters. For dates, check the UPH web calendar.

CUNY Admissions will inform applicants of the admittance decision by:

- mid-December for Spring semester.
- mid-April for Fall semester.

- **What are the policies and practices that can increase healthy food access in our underserved communities?**
- **How can technology be used to effectively deliver nutrition education?**



ADMISSIONS REQUIREMENTS:

Cumulative GPA of 2.8 or higher
Minimum 30 credits upon application

Prerequisites (13 cr)

- Intro or higher level stats course or Pre-calc or Calculus
- Any science course with lab

Additional Allied courses

- Intro to Food Science (ex: NFS 13100)
- Intro to Nutrition (ex: NFS 14100)

Minimum grade \geq C in prerequisites & allied classes

