**Ming-Chin Yeh, PhD**

*Associate Professor, Nutrition*

***Areas of Interest:*** Intervention strategies to promote fruit and vegetable consumption in multi-ethnic populations; weight management for those who are overweight or obese  
***Degrees/Training:*** PhD in Public Health Nutrition, University of North Carolina - Chapel Hill; a MEd, Teachers College, Columbia University; MS, New York University; BS, Taipei Medical College, Taiwan; postdoc training at the Yale University Prevention Research Center

Dr. Yeh’s research involves developing innovative intervention strategies to promote a healthy lifestyle, such as increasing fruit and vegetable consumption and physical activity for health promotion and disease prevention. Other research interests focus on obesity and diabetes prevention and management in multi-ethnic populations. Some of his recent projects include a NIH R34 translational study examining lifestyle intervention for diabetes prevention among Chinese immigrants; collaborating in cutting-edge behavioral research studies targeting approaches to prevent stroke recurrence in veterans; examining the relationship between parenting style/home environment and childhood obesity; qualitative research in nutrition such as understanding barriers to fruit and vegetable consumption; and assessing the role of gut microbiota in health promotion in vegan diets. For the past five years, he has been a Co-Investigator on two VA-funded randomized controlled trials testing the effectiveness of a comprehensive personalized behavioral intervention that aim to improve foot self-care, foot self-monitoring, and modifiable risks (e.g. A1c, BP and LDL) in diabetic patients. Dr. Yeh teaches a graduate-level nutrition research course as well as undergraduate-level courses in community nutrition and institutional management.