# INDEPENDENT STUDY



#### OBJECTIVE

The objective of an independent study is to gain research and/or hands-on experience. This experience can translate positively on your transcript and resume for both graduate schools or future employment, respectively.

## HOW TO FIND AN INTERNSHIP

There are two basic ways to find an internship. The first is to have taken a class with a full-time faculty member of the Department of Psychology. If the professor knows of your interests, then you can be invited to work alongside that person.

The second method is to find an internship through the Career Development Services. Paula Wicklow, *MS* is the internship coordinator. You can schedule an appointment through the CDS office located at Hunter East, Room 805.

P: 212.772.4850 | E: paula.wicklow@hunter.cuny.edu

You'll be asked to submit a resume prior to meeting with Ms. Wicklow.

## REQUIREMENTS

Instead of attending a class, you will be working as a volunteer in a school, hospital, non-for-profit or service organization. The internship must be directly relevant to the field of psychology. You will work a minimum of 100 hours and at the end of the semester/internship, a 7-10 page paper overviewing your experience will be submitted to your mentor for a grade. Additionally, your onsite mentor will write an evaluation of your performance.

Note: the internship must have direct application to the field of psychology.

#### VOLUNTEER EXPERIENCE OR LEADERSHIP

Did you manage a team for your club, edit your school newspaper or tutor for stats practicum? Consider these options as additional ways of getting hands-on experience, which you can put on your resume.

PSYCH 201 & 395 - Independent Study

PSYCH 348 - Stats Practicum

The psych collective includes the psychology newsletter and psi chi. While these don't offer credit they are great opportunities that show leadership qualities for future employment.